The Role of Body-on-a-Chip Devices in Drug and Toxicity Studies

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Abstract

High-quality, in vitro screening tools are essential in identifying promising compounds during drug development. Tests with currently used cell-based assays provide an indication of a compound's potential therapeutic benefits to the target tissue, but not to the whole body. Data obtained with animal models often cannot be extrapolated to humans. Multicompartment microfluidic-based devices, particularly those that are physical representations of physiologically based pharmacokinetic (PBPK) models, may contribute to improving the drug development process. These scaled-down devices, termed micro cell culture analogs (µCCAs) or body-on-a-chip devices, can simulate multitissue interactions under near-physiological fluid flow conditions and with realistic tissue-to-tissue size ratios. Because the device can be used with both animal and human cells, it can facilitate crossspecies extrapolation. Used in conjunction with PBPK models, the devices permit an estimation of effective concentrations that can be used for studies with animal models or predict the human response. The devices also provide a means for relatively high-throughput screening of drug combinations and, when utilized with a patient's tissue sample, an opportunity for individualized medicine. Here we review efforts made toward the development of microfabricated cell culture systems and give examples that demonstrate their potential use in drug development, such as identifying synergistic drug interactions as well as simulating multiorgan metabolic interactions. In addition to their use in drug development, the devices also can be used to estimate the toxicity of chemicals as occupational hazards and environmental contaminants.

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1. INTRODUCTION

Developing new drugs is time consuming and expensive (1). The development time for a single drug often stretches over 12 to 15 years, and despite the generation of many potential drug candidates, only a few new drugs are approved for the market each year. It is estimated that only about 1 of 10,000 compounds tested is successful. Hence, over the past decade, the number of new approved molecular entities has lingered between 16 and 31 each year with a downward trend, and the number of approved biologic license applications has not exceeded 6 (2). These numbers represent only about 11% of compounds that promised potential in animal models and were allowed to enter clinical trials (3). Although efforts are made to estimate a drug's potential efficacy and toxicity with screening tools early in the development process, many drugs fail during full clinical development in Phases II and III (3), the most expensive phases of drug development. Unsuccessful drugs typically lack efficacy or are deemed not clinically safe because of toxic side effects (3). Especially high attrition rates occur in therapeutic areas in which traditional screening tools are not good representatives of human metabolism (4). Oncology drugs and drugs that treat diseases of the central nervous system are among the most affected candidates. Reducing drug development times and costs would be beneficial to pharmaceutical companies as well as patients and society as a whole. In the drug development process, high-throughput screening of compounds is an important step in identifying successful candidates. Both genomics and proteomics have aided in the identification of genes and proteins that are potential new drug targets. In addition, combinatorial chemistry has fueled the development of compounds that are potential drug candidates. The high number of synthesized compounds requires faster and more effective screening than can be done in animals to identify compounds that have the potential to succeed. Traditional screening tools, such as in vitro cell-based assays, give a first indication of the efficacy and toxicity of a compound. Compounds that were successful in in vitro tests can be evaluated further with animal models. In addition to these experimental tests, mathematical models that estimate a drug's distribution and its effects on the body guide drug development.

In the human body, a drug undergoes complex processes that involve its absorption, distribution, metabolism, and elimination (ADME) (5, 6). ADME processes determine the concentration-time profiles in the bloodstream and in the tissues of organs. Mathematical

pharmacokinetic (PK) models aim to estimate concentration-time profiles within each organ on the basis of the initial drug dose. Such mathematical models can be relatively simple, treating the body as a single compartment in which the drug distribution reaches a rapid equilibrium after administration. Two compartment models that distinguish between well-perfused organs such as the liver and kidney and poorly perfused organs such as muscle, skin, and fat are also widely used. Such models are mathematically simple and do not account for the underlying functional mechanisms that lead to ADME of a drug. More complete models, such as physiologically based pharmacokinetic (PBPK) models, assume separate compartments for each organ or tissue. Pharmacodynamic (PD) models are concerned with a drug's pharmacological effects as a function of administered dose. Models that combine PK or PBPK models with PD models can predict the time-dependent pharmacological effects of a drug. Mathematical models can be highly accurate when all parameters involved are known. However, compound-dependent variables such as tissue-to-blood partition coefficients and enzyme kinetic parameters can be difficult to estimate, especially for new compounds. In addition, data obtained from experiments with animal tissues do not reflect a drug's action accurately within healthy or diseased human tissues.

To evaluate a drug preclinically, researchers use well-established and well-characterized in vitro models as well as animal models. To test the efficacy and toxicity of cancer drugs, for example, the drugs are first tested for efficacy with numerous cancer cell lines (7) and for toxicity with cell lines derived from regular tissues. However, in vitro cell-based assays rely on immortalized cell lines that may no longer exhibit all functions the way they would in the human body. Cell culture plates or micro wells in which the cells are cultured do not provide a realistic model of the environment to which the cells are exposed in the body. The exchange of metabolites from one cell type to another, the three-dimensional extracellular matrix environment that provides chemical and mechanical cues, the physiological liquid-to-cell ratios in a tissue/organ, and the physiological shear stresses from fluid flow are all missing; therefore, authentic cellular behavior is limited. The assays also do not consider the complexity of the body with its multiple organs and their interactions, which alter ADME.

If the drug is evaluated positively with cell-based assays, more advanced tests with animal models are conducted. As an example, for a potential oncology drug, the hollow fiber assay is used to test the drug's metabolic activity. In this assay, cancer cells are placed into semipermeable fibers and introduced into mice intraperitoneally or subcutaneously (8). Drugs that prove effective in reducing tumor cell growth within these mice are then tested further with mouse xenograft models. In these models, human tumor tissues are implanted directly into mice, and the efficacy of the drug is determined (9). These tests provide some indication about a drug's efficacy. However, a comparison of estimated and actual efficacy of drugs in humans shows that animal models do not always predict the actions of drugs accurately (10). This arises from the facts that human metabolism and animal metabolism can differ considerably, that the tumor is implanted rather than spontaneous, and that immunocompromised animals are typically used. Even extensive preclinical testing with in vitro assays and animal models does not guarantee clinical efficacy and the absence of toxicity. Indeed, because oncology drugs have a success rate of only 5%, it is clear that animal models are only marginally effective. As a result, using an extensive number of animals to study the actions of drugs also gives rise to ethical concerns, especially because animal results are not that predictive.

In vitro models and animal models that simulate the human metabolism accurately could help in increasing the number of drugs for which predictions are in accordance with their effects in clinical trials. Because animal metabolism is different from human metabolism, it is possible that drug candidates are eliminated even though they might be effective in humans. Better in vitro models of human and animal metabolisms would be useful in selecting drugs to be tested as well as

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identifying the appropriate concentration ranges. Such models would increase the predictability of human response and lead to higher success rates in clinical trials. This factor would reduce expenses and speed up the drug's development. More accurate estimations of the efficacy and toxicity of a drug would help in identifying successful drug candidates early in the development process and in eliminating those that will not lead to a successful product. Developing assays that build on the advantages of in vitro screening tools and refining them would increase their predictive power. Furthermore, more mechanistically based information that could be included in mathematical models could potentially increase their predictive power and thereby reduce the parameter space in terms of drug concentrations and combinations that need to be tested with animal models and in clinical studies. Ideally, a more realistic in vitro model that mimics animal and human response accurately would reduce dependency on animal studies and identify drugs that are more likely to be successful in clinical trials.

2. APPROACHES TO IN VITRO MULTICOMPARTMENTAL/ MULTIINTERACTING TISSUE SYSTEMS BASED ON MICROFLUIDIC PLATFORMS

One of the limitations of conventional single-cell-type-based assays is that they do not capture multiorgan interactions and realistic dose dynamics. Metabolites generated in the liver, for example, can influence the function and gene expression in other cell types and vice versa. This has been seen in coculture assays in which several cell types are cultured within the same culture chamber (11–13). Efforts have been made to develop systems in which several tissues (represented by cell lines) can interact with one another via metabolites that travel between cell culture chambers via medium flow. We have reviewed recently microfabricated devices that have been used with multiple cell types. Here we give selected examples, but a more detailed discussion can be found in Sung & Shuler (14). Cross-talk between tissues is realized through mechanisms that occur in the human body, i.e., through soluble agents. Li et al. (15) developed a multiwell system termed well within a well. In it, various cell types are cultured isolated from one another but are connected via a common medium. In demonstrations of its feasibility, this system has been utilized to evaluate the toxicity of tamoxifen (an anticancer drug) toward primary hepatocytes, kidney cortical cells, small airway epithelial cells, astrocytes, aortic endothelial cells, and MCF-7 human breast adenocarcinoma cells. Another device that demonstrated metabolism-induced cytotoxicity is that developed by Ma et al. (16). This device is a microfluidic device that contains two separate chamber arrays. Sol-gelencapsulated human liver microsomes in the first chamber facilitated the metabolic conversion of acetaminophen, and drug interactions between acetaminophen and phenytoin and their influence on HepG2/C3A liver cell viability were recorded in the second chamber array. The systems by Ma et al. (16) and Li et al. (15) are capable of re-creating cell-cell communication, although the rate of exchange of metabolites is not physiologically realistic. Building on this idea, Vozzi et al. (17) developed a system that demonstrates cell-cell interactions with consideration of physiologically correct representation. Murine hepatocytes and human umbilical vein endothelial cells were cultured within two separate chambers on a microfluidic platform. Increases in endothelial cell viability, hepatic glucose synthesis, and albumin and urea production as well as downregulated lactate production could be attributed to the exchange of solutes between the cell culture chambers. Thus results that have been obtained with simple coculture systems could be re-created in a multichamber fluidic device, demonstrating the concept of a multiorgan micro cell culture system.

Zhang et al. (18) have focused on creating a cell culture environment that is capable of multicompartment interaction but that limits the interaction to diffusion. The multiorgan chamber device contains side channels that supply medium to the liver, lung, kidney, and adipose chambers. Mass transfer between medium and cells in this device is more limited than in devices in which the cell culture chambers are directly perfused with medium. Although it limits the exchange of metabolites, this approach could potentially facilitate longer operation times because toxic waste products from one compartment travel to other tissue compartments in lower concentrations.

The use of microfluidic fabrication technologies has been critical in the creation of micro cell culture analog (μ CCA) devices that aim to create models that replicate aspects of the human body as closely as possible. Although creating a correct model of the entire body is an immense challenge and has not been realized in any single device, using microfluidics has brought us closer to this goal than has any other technology. Originally developed for the semiconductor industry, microfabrication techniques are being adapted to create devices with structures of sizes that are relevant to biological systems such as cell sizes (on the order of 10 µm) and the sizes of human blood vessels with spacing between capillaries on the order of 100 to 200 μ m. At these sizes, we are able to create more physiological growth environments with relevant shear stress, liquid-tocell ratios, and physiological fluid residence times in tissue compartments. Several studies have shown that the application of shear stress influences cellular function and gene expression (19, 20), and this parameter can be designed into such devices. Microfabricating devices also allows us to custom-design them and scale the organs' compartments correctly with respect to one another. Fluidic conduits represent blood flow, which can be recirculated to allow for the exchange of metabolites in a way that mimics physiological conditions. Only small quantities of reagents and cells are needed, and parallel processing makes relatively high-throughput screening possible.

In the development of multicompartment devices, representations of the human body such as those in used PBPK models can be used to guide the device design with regard to the arrangement of chambers and fluidic channel connections. When PBPK models are used as guidance in the design, the resulting systems are physical representations of PBPK models. The cells represent organs and conduct the reactions described in the model with equations, and fluidic flow represents transport via the bloodstream. In this way, the metabolic and biochemical characteristics of the human or animal body can be achieved. Devices that are designed with regard to the structure of the human body are known as μ CCAs or body-on-a-chip devices (21, 22).

PBPK models and μ CCAs can be used in conjunction to inform each other. Because PBPK models rely on the input of already known mechanisms, a complete model would include all reactions and pathways involved in a drug's metabolism. However, we rarely know all reactions. Additionally, reactions within diseased tissue may differ considerably from those in healthy tissue. In a μ CCA, the different cell types represent what is described in the model by mathematical equations. Thus the physical representation is a more complete model because the cells may exhibit relevant reactions that may not be included in the PBPK model. The µCCA concept combines attributes of a PBPK model and other in vitro systems. Data obtained with these systems may be used to test and refine mechanistic hypotheses. Conversely, the mathematical model also can be used to analyze and interpret data obtained with µCCAs. The PBPK model can be made an exact replica of the μ CCA; the predicted response and measured μ CCA response should exactly match if the PBPK model contains a complete and accurate description of the molecular mechanisms. In the μ CCA, all flow rates, the number of cells in each compartment, and the levels of each enzyme can be measured independently, so that no adjustable parameters are required. If the PBPK predictions and µCCA results disagree, then the description of the molecular mechanisms is incomplete. The µCCA and PBPK model can be used in an iterative manner to test modifications in the proposed mechanism. When the PBPK model is extended to describe the whole animal, failure to predict animal response would be due to inaccurate description of transport (particularly within an organ), inability to accurately measure kinetic parameters (e.g., in vivo enzyme levels or activities), or the presence of in vivo or metabolic activities that are not present in the cultured cells or tissues. Advances in tissue engineering will provide tissue constructs to use in a μ CCA that will display more authentic metabolism than that displayed by isolated cell cultures. In addition, unlike other in vitro systems, the μ CCA is an integrated system that can mimic dose dynamics. μ CCAs can be used to predict human pharmacological response to drugs and assess risk due to chemical exposure. If an animal μ CCA could make accurate predictions of animal experiments and if the results were in accordance with PBPK predictions, we would have an indication that the concept of μ CCAs is valid. If we use the same approach to constructing a human PBPK model and μ CCA for the same compound, then we would have a rational basis to extrapolate animal response to predict human response when human experiments would be inappropriate. Also, because the PBPK model is mechanistically based, it would provide a basis for extrapolation to low doses. The μ CCA/PBPK approach complements animal studies by potentially providing an improved basis for extrapolation to humans (see **Figure 1**).

Furthermore, data from μ CCAs validated as described above could provide parameters for PBPK models for single compounds. If a PBPK model for compound A and a PBPK model for compound B are combined, then the response to any mixture of A and B should be predictable because the mechanisms for response to both A and B are validated with μ CCAs and included in the model. Predictions of human response to mixtures of drugs or chemicals whose interactions may be synergistic or antagonistic would thus be based on experimentally validated models. The predicted concentrations of interest could then be tested experimentally.

3. MONITORING THE RESPONSE OF CELLS WITHIN MICROFLUIDIC SYSTEMS TO CHALLENGES WITH DRUGS OR ENVIRONMENTAL CHEMICALS

Microfluidic cell and tissue culture systems present analytical challenges owing to their small size, low cell numbers, and physical inaccessibility. In principle, any detection technology can be chosen for the analyte or process of interest as long as the technique can be executed within the engineering constraints of the cell culture device. Unlike larger connected culture or coculture systems in which sample aliquots can be withdrawn to measure analytes such as glucose, albumin, or urea (17), the small volumes and inaccessibility of the recirculating fluid on μ CCA chips limit the utility of traditional analysis methods that rely on removing significant amounts of sample from the system. The small physical dimensions of microfluidic culture systems inherently contain small numbers of cells, leading to mass-limited quantities of analyte molecules and placing further constraints on the required sensitivity of analytical methodologies. Optical and electrical techniques have found extensive application in these devices owing to their ready compatibility with microfluidic formats and relative ease of operation. Such systems can provide near-real-time analysis. Microfluidic systems in general and µCCAs in particular are ideally suited to optical interrogation owing to the noninvasive nature of optical measurements. The optical transparency of many common device materials such as polydimethylsiloxane, poly(methyl methacrylate), and glass readily accommodates optical measurements, and the sizes of both microfluidic device features and eukaryotic cells are commensurate with the size scales accessible via optical microscopy. Many electrical measurement methods such as amperometry with enzymatic bioelectrodes and cellular impedance are compatible with μ CCA devices owing to the ease with which electrodes can be integrated into device structures.

Many experiments carried out on μ CCAs simply aim to know whether the compound of interest affects the survival of cells. For example, a μ CCA containing amphibian tissues could be used by environmental regulators to rapidly screen environmental water samples of unknown composition for deleterious effects on wildlife. Cell viability has been optically measured on μ CCA devices by



Figure 1

Schematic diagram of how microfluidic cell culture systems can be used in conjunction with other in vitro cell-based assays, mathematical models, and in vivo experiments to enhance the drug development process and improve toxicity estimations for environmental contaminants. For example, comparing data obtained from a micro cell culture analog (μ CCA) operated with rat cell lines with data obtained from a rat physiologically based pharmacokinetic (PBPK) model and in vivo rat data will let us test the validity of the μ CCA results. Our understanding of how these results can be used in conjunction with PBPK models and in vivo experiments will let us draw conclusions about how the devices could be used to better predict efficacy and toxicity of drugs in humans. Abbreviation: ADME, absorption, distribution, metabolism, and elimination.

observing exclusion of trypan blue (21), uptake of CellTrace blue (23), and live/dead staining with a combination of calcein AM (live) and ethidium homodimer-1 (dead) (24). The primary disadvantage of experiments relying solely on indicators of cell viability is that little insight into the biochemical mechanisms of any observed toxic response is available. More specific information can be obtained either by utilizing unique spectral signatures of compounds of interest or by introducing selective reporter systems. The integration of ultraviolet-visible absorption spectroscopy with microfluidic cell culture chips has been used to study acetaminophen metabolism and cytotoxicity (16). Specific knowledge of metabolic function also can be obtained by leveraging the inherent selectivity and specificity of fluorescence-based assays through the use of fluorescent or fluorigenic reporter molecules. For instance, the fluorigenic reagent monochlorobimane has been used to measure reductions in intracellular glutathione due to toxicant-induced oxidative stress (25, 26). However, as monochlorobimane binds to glutathione, only end-point assays can be conducted, requiring multiple experimental runs to acquire a time series. Autofluorescent substrates, although not available for many experimental systems, are ideally suited to μ CCA-based assays owing to the simplicity of their analysis. Fluorescence microscopy has been used to show cellular uptake of the autofluorescent chemotherapy drug doxorubicin (23) and localized bioaccumulation in adjocytes of the autofluorescent polycyclic aromatic hydrocarbon fluoranthene (25). Highly specific reporters of cellular response can be engineered through the creation of reporter cell lines. For example, multiple cell lines containing an estrogen-sensitive green fluorescent protein (GFP) reporter system were incorporated within the organ compartments of a μ CCA to study the effects of endocrine-disrupting chemicals on estrogen production (27).

The simplicity of including microfabricated electrodes on a μ CCA chip has the potential to facilitate a range of electrical measurements from highly specific metabolic assays, such as amperometry with enzymatic bioelectrodes, to more general assays, such as cellular impedance measurements, to determine viability. Although neither of these techniques has been demonstrated within a μ CCA, both have been integrated into other microfluidic cell or tissue culture systems. Microfabricated bioelectrodes could be integrated into µCCA substrates easily and provide sensitive, continuous, label-free measurement of many analytes of interest including superoxide (a marker of acute oxidative stress) (28), lactate (a marker of anaerobic respiration) (29), and others. Electrical impedance measurements are a particularly attractive option for determining cell viability in microfluidic cell culture devices because they are real time, label free, and noninvasive. In impedance-based assays, cells are seeded atop electrodes or electrode arrays. After cell adhesion and proliferation, electrochemical impedance spectra of the entire system are recorded. Changes in impedance are then correlated to changes in the number of cells atop the electrodes (30). Like live/dead staining, typical impedance measurements give a measure of cell viability without providing biochemical information on the causes of cell death. However, some reports suggest that detailed biochemical information can be ascertained from impedance data (30). Impedance measurements have been used in conjunction with cell or tissue culture chips for the study of individual toxicant response (31, 32), drinking-water toxicity (33), nanoparticle toxicity (34), and other causes of cell death (35).

Multiplexing μ CCA-based experiments is an important goal in realizing the full potential of this experimental platform. Many pharmaceutical and toxicology studies must cover large parameter spaces, potentially requiring many μ CCA chips to be run in tandem. Although hardware to multiplex electrical measurements is readily available and relatively simple to engineer, multiplexed optical assays require specialized hardware development. Toward this end, a modular fluorescence microscope has been created to allow in situ fluorescence imaging of μ CCA chips within the confines of an incubator (36). Another version of this system was used to image multiple μ CCA chips for more than 90 h to observe long-term cell proliferation (37).



Figure 2

(a) In situ fluorescence optical detection system (ISFODS). A schematic diagram of the whole system is shown, consisting of a syringe, micro cell culture analog (µCCA) chips, and the ISFODS. The ISFODS consists of a photodiode, a light-emitting diode (LED), a filter, a dichroic mirror, a lens, and detection chambers. The whole system is placed inside an incubator. Medium-containing substrate is perfused into a µCCA, and the fluorescent product is detected at the detection chamber located below the lens. (b) A cross-sectional view of a µCCA, with cell-embedded MatrigelTM. During the experiment, medium-containing substrate (ethoxyresorufin) is perfused above the hydrogel matrix of liver cells. The substrate diffuses into the hydrogel, and P450 enzymes present in the liver cells convert the substrate into a fluorescent product, resorufin, which is released into the flow medium. The medium flows through a detection chamber, where the detection of fluorescent signal is made. (c) A diagram of a μ CCA device assembled with top and bottom frames. A μ CCA consists of a liver, tumor, and marrow chamber (38). In this study, only the liver chamber was used; the other two chambers were left empty. A polycarbonate top frame is closed and secured with screws for complete sealing. Reproduced with permission from John Wiley and Sons.

In a more sophisticated implementation, an optics and detection module mounted to a translation stage is moved between multiple μ CCA chips within an incubator to create an in situ fluorescence optical detection system (ISFODS), providing functionality similar to that of a conventional fluorescence microplate reader (38). This system was used to monitor the conversion of ethoxyresorufin (nonfluorescent) to resorufin by P450 enzymes within liver cells on the µCCA chip (Figure 2).

Development of detection methodologies and instrumentation applicable to these analytically challenging systems lags behind that of other design aspects such as three-dimensional tissue culture, fluidic control, and reagent delivery. As a result, the broad range of chemical information contained within microfluidic culture chips is not fully accessed by currently employed techniques. Further development in this area could provide a wealth of novel information regarding the response of complex, multicomponent biological systems to toxic environmental assault or novel pharmaceutical therapies.

4. EXAMPLES OF APPLYING IN VITRO MICROFLUIDIC MIMICS TO DRUG TESTING AND TESTING CHEMICALS FOR TOXICITY

One of the main advantages of μ CCAs is their ability to simulate the exchange of metabolites between organs. This ability has been demonstrated with several μ CCAs; here we focus on a system that contained liver cells (HepG2/C3A), colon cancer cells (HCT-116), and myeloblasts (Kasumi-1) (24). The device was operated with and without Tegafur, an oral prodrug of the cancer drug 5-fluorouracil (5-FU). Administering Tegafur instead of 5-FU to patients provides a more stable concentration of the effective component 5-FU because Tegafur's bioavailability is better than that of 5-FU alone. Upon oral uptake, the enzyme dihydropyrimidine dehydrogenase rapidly degrades 5-FU, resulting in a low response rate (39). The μ CCA was able to reproduce the metabolism of Tegafur, i.e., its conversion to 5-FU in the liver cell compartment. 5-FU traveled through the microfluidic connections to the cancer cell compartment and caused a decrease in cell viability. This result was not seen in 96-well plates using the HCT-116 cells dosed with Tegafur because the prodrug was not converted into active 5-FU.

µCCAs are relatively inexpensive devices and can be used to test a large number of drugs as well as their combinations at varying concentrations. A combination of drugs might be beneficial when one drug alone does not treat a disease effectively or when this drug would have to be administered at doses that would cause unacceptable side effects. Drugs that have similar functions but different side effects potentially could be combined at lower dosages so that treatment is still possible. Using such drug combinations might prove particularly important for the treatment of diseases such as multidrug resistant (MDR) cancer. One mode of multidrug resistance is when cancer cells intercept normally toxic drugs so they cannot enter the cytoplasm at an effective concentration. Chemical modulators can inhibit the actions of the membrane transporter P-glycoprotein that facilitates this transport (40). However, when administered as single drugs, the high modulator concentration caused toxic side effects in clinical studies. It has been hypothesized that combinations of lower doses of multiple modulators can be combined effectively with chemotherapeutics to reverse the growth of MDR tumors without unacceptable side effects (41, 42). Using a μ CCA, Tatosian & Shuler (23) tested combinations of drugs on two cancer cell lines (uterine cancer MES-SA, and an MDR variant of uterine cancer MES-SA/DX-5 that overexpresses P-glycoprotein). The device also contained megakaryoblast cells that form platelets (MEG-01) and liver cells (HepG2/C3A). Experiments showed that combining the chemotherapeutic doxorubicin with the MDR modulators cyclosporine and nicardipine is more effective in inhibiting cancer cell proliferation than using doxorubicin alone or with only one of the two modulators where the total dose of all modulators was kept constant. Liver cells and bone marrow cells (i.e., MEG-01) were not affected by the drug combination compared with the use of a single MDR modulator. This result was contrasted with those obtained in 96-well plates that suggested an additive effect rather than a synergistic effect as seen with the μ CCA. As with the study of multidrug combinations for cancer treatment, one can imagine that individualized drug treatment could be devised for patients using biopsy cells.

Similar to drug toxicity testing, testing of chemical toxicity can be time consuming and expensive. μ CCAs can facilitate the estimation of hazards due to environmental contaminants. A proof-of-concept device was designed on the basis of a rat PBPK model and used to probe for the toxicity of naphthalene (26). A four-chamber, two-cell-type system was developed for this purpose.

Naphthalene, the primary ingredient in mothballs and a precursor for the synthesis of other chemicals, was chosen as an example of a polycyclic aromatic hydrocarbon compound. These compounds are environmental contaminants that occur in coal tar and are by-products of fuel burning. When naphthalene is taken up into the human body, cytochrome P450 enzymes in the liver convert it into naphthalene epoxide. Through several pathways, naphthalene epoxide reacts further into metabolites (1,2-naphthalenediol and 1,2-naphthoquinone) and reactive oxygen species that can cause oxidative stress in tissues (43). The produced metabolites conjugate to glutathione, thereby depleting glutathione levels. Glutathione is an antioxidant that, when present, prevents damage to cellular components. The μ CCA device, operated with two cell types representing the liver (H4IIE rat hepatocytes) and lung (L2 rat lung type II epithelial cells), showed that the addition of naphthalene to the medium in the μ CCA causes glutathione level depletion, resulting in lung cell death. These results are in accordance with observations in mice (44) as well as with corresponding PBPK models (45). Because the half-life of naphthalene epoxide in aqueous medium is 3.6 min (46), and the residence time in the other tissue/debubbler compartment is approximately 50 min, the results obtained with the μ CCA support suggestions that naphthoquinone causes the observed toxicity (47, 48) rather than naphthalene epoxide, as was assumed previously (49–52). A later addition of differentiated 3T3-L1 adipocytes to the μ CCA suggested that storage of naphthalene and naphthoquinone in fat tissue reduces glutathione depletion in the lung compartment, reducing the toxic effect (25).

Another study with environmental toxicants was conducted by Xu et al. (27). Here, a system with two cell lines (MCF-7 human breast cancer cells and endometrial carcinoma Ishikawa cells) was cultured within a μ CCA that was probed for a response to estrogenic endocrine disruptors. Estrogenic pollutants are a growing health concern because they can mimic natural hormone estrogens and cause developmental and reproductive diseases as well as increase the incidence of estrogen-related cancers (53-55). They occur in pesticides (56, 57), plasticizers (58, 59), and food antioxidants (60), as well as some herbs. Estrogen has different effects on different organs. It binds to specific sequences in the genome either through liganded estrogen receptors or through interactions with other DNA-bound transcription factors such as activating protein 1 (61–63). An interesting approach to measuring the response of cells to the toxicants via GFP production was provided. Both cell lines were infected with a two-tandem estrogen response element-E4 promoter-GFP reporter gene construct. Tests with a variety of estrogenic compounds (17β-estradiol, diethylstilbestrol, and 2-hydroxyestradiol) and environmental toxins (bisphenol A, genestin, and o-p'-DDT) showed that both mammary and endometrial cancer cells responded in a dose-dependent manner. Compound binding caused GFP production in both cell lines in response. Raloxifen and tamoxifen acted as active antiestrogens in MCF-7-GFP cells but as partial estrogen receptor agonists in Ishikawa-GFP cells. The cells were also tested for synergistic responses, which the study concluded were not present.

5. THE IMPORTANCE AND CHALLENGES OF INCORPORATING BARRIER TISSUES WITH SYSTEMIC CIRCULATION

The μ CCAs discussed so far simulate the intravenous administration of drugs and toxicants. However, barrier tissues such as the epithelium of the gastrointestinal (GI) tract, the lung epithelium, the skin, and the blood-brain barrier can significantly reduce the bioavailability of drugs that are taken up orally, through inhalation, or through application to the skin. Oral delivery is the preferred route of delivery because administration is easy and patient compliance and comfort are high. However, the mucous-covered epithelium, as well as the lamina propria and the endothelial lining of the blood capillaries, significantly reduces the concentration of drugs that arrive at the target site (64, 65). After traveling through the GI tract, compounds immediately reach the liver, where metabolic reactions take place before further distribution in the body (66). This process is termed first-pass metabolism and has been re-created in vitro with static and fluidic models. In static models, Caco-2 cells grow on a transwells membrane, and hepatocytes grow in the well beneath the membrane (67, 68). A common medium supply that covers both wells connects both cell cultures so that metabolites generated in the Caco-2 cell culture can diffuse to the liver cell culture and vice versa. These models rely on relatively large liquid-to-cell ratios and do not provide recirculation of medium. In a model in which fluid flow is present, metabolites are transported from the GI-tract cells to the liver cells located downstream (69). Two models that recirculated fluid were developed by Choi et al. (70) and Mahler et al. (71). Mahler et al. also included HT-29 goblet-like cells in the GI-tract compartment so that the Caco-2 cell layer was covered with mucous (72). The model responded to a challenge involving acetaminophen with liver cell toxicity in a dose-dependent manner, and acetaminophen metabolites were detected in the medium. Acetaminophen is a widely used analgesic and antipyretic drug that can cause hepatotoxicity when taken at an overdose. It is a small, nonionized molecule that passively diffuses across the GI-tract epithelium. The presence of the GI-tract barrier in the μ CCA model reduced liver cell death because acetaminophen diffused slowly across the mucous-covered Caco-2/HT-29 cell layer, and, in addition, intestinal cells also converted some of the drug into nontoxic metabolites (71). The result obtained with the first-pass metabolism model was consistent with those obtained with acetaminophen challenges in mice (73).

Occupational and environmental hazards often are related to the uptake of toxic substances through the lung. A model of the gas-exchange surface of the lung that correctly captures the tissue oxygenation and carbon dioxide clearance could be used to simulate the uptake of drugs or toxins through the lung epithelium. However, engineering the alveolar-pulmonary barrier of the lung is challenging. The barrier consists of alveolar air spaces with walls that are lined with epithelial cells. A basement membrane consisting of extracellular matrix proteins such as type IV collagen, laminin, and a mix of glycosaminoglycans separates the epithelium from the underlying endothelium of the lung microvasculature (74, 75). The ratio of cell volume to extracellular fluid volume is exceptionally small compared with other tissues. Respiration exerts great mechanical stresses on the lung epithelium because the airflow deforms the alveolar-capillary interface. Modeling the lung epithelium (A549 cells) and endothelium (human microvascular endothelial cells, or HMEC-1 cells) within microfluidic channels showed that both cell types were sensitive to shear stress (76). Bilek et al. (77) have grown lung epithelial cells within parallel plate devices and were able to simulate lung cell damage due to surface tension during air-bubble travel. Huh et al. (78) were able to re-create the air-liquid interface and grow cells within this environment. The crackling sound that is a symptom of pulmonary disease, often caused by the lack of pulmonary surfactant in lungs affected by disease, could be re-created on a chip. This model was followed by a model that includes mechanical forces (79). Mechanical forces are important for many cell types, and the lung tissues are stressed mechanically to a greater extent than most tissues (80).

Among the barrier tissues, the blood-brain barrier is particularly difficult to re-create in vitro. Primary or low-passage-number brain endothelial cells are best suited to re-create this particularly restrictive barrier. The tight junctions between the cerebromicrovascular endothelial cells allow for oxygen and carbon dioxide diffusion (81) but restrict intercellular permeability so that most blood-borne substances do not pass the barrier. The transendothelial resistance has been measured to be as high as 1,000 Ω cm² (82–84). In static models of the blood-brain barrier, brain endothelial cells and astrocytes are cocultured in transmembrane wells (85). The coculture of astrocytes and endothelial cells is thought to provide important cell-cell stimuli for the establishment of the barrier function (23, 86, 87). Commercially available

membranes, however, do not allow for a close interaction of astrocytes and endothelial cells because their porosity is low. Microfabricated membranes such as that developed by Ma et al. (88) allow for better interaction between the cells as well as the application of fluidic flow, which has been hypothesized to play a role in the functional differentiation in brain endothelial cells (89). On-chip fabricated membranes also enable the integration of models of the in vitro blood-brain barrier with other organ analogs to construct a μ CCA that can be used to test drugs that target diseases of the nervous system.

6. INCREASING THE POTENTIAL IMPACT OF MICROFLUIDIC IN VITRO SYSTEMS

To increase the impact and acceptance of μ CCAs, several factors need to be addressed. First, devices must achieve authentic cellular behavior (i.e., cellular behavior that is identical to that seen in vivo) and produce realistic results to be most useful to drug developers and clinicians. Cell lines do not always satisfy this requirement. For example, cells from immortalized liver cell lines (HepG2) contain lower concentrations of metabolizing enzymes than do primary human hepatocytes (90). The use of primary cells or tissue slices could address this problem, and the use of primary human hepatocytes has been demonstrated on body-on-a-chip devices (94). More authentic cellular behavior also is facilitated by methods that can be used to make three-dimensional tissue constructs such as simple hydrogel encapsulation of cells or mixtures of cell types. More realistic systems using preformed scaffolds are also possible and may represent a high level of authenticity, particularly for autocrine-like compounds. Although most work with μ CCAs has utilized two-dimensional cell cultures, a few devices have been operated with gel-encapsulated cells (24). Methods that enable the storage and revitalization of cells and tissue slices would enable the routine use of μ CCAs in clinical laboratories and for on-site testing for environmental contamination. Also, each cell line has an optimum cell culture medium, and developing a common medium that can act as a blood surrogate in all tissue compartments is challenging. A solution to this problem has been proposed by Zhang et al. (18), who supported hepatocyte cell growth in a multiorgan device with controlled-release, gelatin-encapsulated transforming growth factor beta 1 (TGF- β 1). TGF- β 1, released from fibroblasts, has been shown to enhance hepatocyte function in cocultures (91). When released from gelatin microspheres within a hepatocyte cell culture chamber on a microfluidic device, TGF- β 1 enhanced the sensitivity of the cells toward acetaminophen (92).

Another advance that is needed is to make systems that are easy to operate. Most prototype devices reviewed here were operated with relatively large equipment such as incubators, syringe pumps, or peristaltic pumps. Peristaltic pumps often are operated with flexible polymer tubing that can absorb compounds (especially hydrophobic ones), leading to significant chemical loss when the fluid is recirculated (95). Possible solutions to this problem include the development of nonabsorbent tubing (96), on-chip micropumps (97), or pumpless systems such as that developed by Sung et al. (93). The last two approaches also simplify the operation of microfluidic devices while still providing flow rates that create hydrodynamic shear stress in the physiological range as well as providing physiologically relevant values of residence times in the organ compartments. They are also a step toward the portability of the devices and enhance the potential for increased throughput and multiplexing.

Perhaps the most important factor in achieving more widespread acceptance is to test the validity of results obtained with μ CCAs. This process entails building an animal μ CCA and comparing the results obtained via that device with those obtained via animal studies and animal cell line data (from the same animal). Human μ CCAs (operated with human cell lines) also can

be used to test drugs for which clinical efficacy and toxicity data exist. Both methods will help us in developing an understanding of the similarities and differences between each method and how they could be used in conjunction with each other. This knowledge will then aid in interpreting and extrapolating data obtained with μ CCAs across species.

7. CONCLUSIONS

Mathematical simulations and in vitro screening devices are useful tools in drug discovery and development. To improve the predictive power of in vitro screening tools, physical representations of mathematical models termed µCCAs or body-on-a-chip devices have been developed. Experiments with several prototype systems have shown the feasibility of these systems to study the efficacy and toxicity of drugs and environmental toxicants. The actions of metabolized drugs as well as synergistic drug actions have been mimicked successfully in μ CCAs. We envision that microfluidic cell culture systems such as µCCAs could be used in conjunction with PBPK models to augment the drug development process, resulting in increased success in clinical trials. To make the devices more useful, barrier tissue analogs need to be developed and included. More authentic cell culture environments that lead to more authentic cellular behavior would also be desirable. Microfluidic devices are well suited for this purpose, because their natural length scale and that of mammalian systems (ca. 10-100 µm) are the same. Factors such as fluid residence times, shear stress, and liquid-to-cell volume ratios can be adjusted so that they resemble those seen in vivo. Attempts to re-create the three-dimensionality of the cell culture environment have been made and need to be pursued further. The most important aspect in further facilitating the acceptance of μ CCAs is to test the validity of the results obtained with μ CCAs by comparing them with in vivo data under identical conditions and drug exposure. Such experiments will let us draw conclusions about how µCCAs could be used to enhance efficacy and toxicity predictions.

DISCLOSURE STATEMENT

M.L.S. is a member of the Scientific Advisory Board of Hurel Corp., which is commercializing body-on-a-chip devices.

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Errata

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