Being a mom is hard: The importance of managing hypocalcemia on dairy cow welfare

#### Jessica A. A. McArt, DVM, PhD, DABVP (Dairy Practice)

Population Medicine & Diagnostic Sciences College of Veterinary Medicine Cornell University Ithaca NY 14853







#### Overview

- Demands of early lactation
- Classification of hypocalcemia
- Transient, persistent, delayed hypocalcemia
- Measuring calcium
- Prepartum nutritional & postpartum prevention strategies



#### The average cow of today:



VandeHaar and St-Pierre, J Dairy Sci, 2006







- Many cows producing >100 lbs by end of 1st week
- Lactation initiates massive change in nutrient and macromineral demands
- Our job: provide the environment to support needs
- Today: focus on calcium

#### Calcium demands of milk production



Daily maintenance = 21 g Ca

#### Colostrum = 23 g Ca

- Human recommended dietary allowance = 1,000 mg Ca
- 1 cup milk = 300 mg Ca



100 lbs milk = 56 g Ca

#### Increasing blood calcium





# Calcium & welfare

- What happens when we don't meet their needs?
  - Cows develop hypocalcemia
  - "Gateway" disease
  - Reduced milk production
  - Poorer reproduction



- How do we meet their needs?
  - Cow comfort
  - Nutrition

Chapinal et al., 2012; Martinez et al., 2012; Caixeta et al., 2017



## Hypocalcemia

 Clinical disease has been well addressed, focus now on subclinical disease



- Milk fever incidence <5% on dairies
- Subclinical hypocalcemia (SCH) incidence up to 50%

# Subclinical hypocalcemia (SCH)

- Multiple studies have explored categorization of blood calcium concentrations in early lactation Oetzel et al., 1988; Oetzel et al., 1996; Martinez et al., 2012
- Recent studies use epidemiologic outcomes to improve characterization

Chapinal et al., 2011; Rodriguez et al., 2017; Wilhelm et al., 2017; Neves et al., 2018; Venjakob et al., 2018

• No consensus on optimal test day or what cut point to use for classification of SCH

# Identifying cows with SCH

- Are we meeting their needs for calcium regulation?
  - Incidence of milk fever
  - Incidence of other early lactation diseases
  - Peak milk
  - Testing
- Testing:
  - Herd monitoring
  - Individual cows how and when to classify?



# **Classifying SCH**

- When to test:
  - At calving?
  - At 24 hrs?
  - At 48 hrs?
  - Later?





- What cut-point to use:
  - Definition of "normal"
  - Based on health and production outcomes



# Calcium dynamics by "cohort"

• Can we quantify the difference in calcium dynamics between cows?

tCa: 1 mmol/L = 4 mg/dL

• Parity ≥2: cohort based on DIM 1 & 4 (<u>1.8, 2.2</u> mmol/L)

Neves et al., J Dairy Sci 101:9321-9331.

- Normocalcemia (NC) **1**
- Transient subclinical hypocalcemia (tSCH)
- Persistent subclinical hypocalcemia (pSCH)
- Delayed subclinical hypocalcemia (dSCH) 👔 🖡

#### Calcium dynamics: parity ≥2



(tCa: 1 mmol/L = 4 mg/dL)

#### Calcium dynamics by cohort: parity ≥2



McArt and Neves., J Dairy Sci, 2020



#### Disease by cohort: parity ≥2

	Metritis	DA	Removal		
NC, n = 109	6%	2%	1%		
tSCH, n = 50	4%	2%	2%		
pSCH, n = 34	18%	12%	3%		
dSCH, n = 70	13%	9%	13%		

McArt and Neves, J Dairy Sci, 2020

#### Milk yield by cohort: parity $\geq 2$



Error bars represent 95% confidence intervals.

McArt and Neves., J Dairy Sci, 2020

#### What did we learn?

#### Conclusions:

- Cows differ in dynamics of calcium change in early lactation
- Differences associated with risk of adverse events and milk yield

#### ■<u>Why</u>?

- Failure of homeostatic regulation?
- Cause or effect of disease?
- Dry matter intake?



#### Association of subclinical hypocalcemia dynamics with dry matter intake, milk yield, and blood minerals during the periparturient period

#### C. R. Seely\*, B. M. Leno†, A. L. Kerwin†, T. R. Overton†, J. A. A. McArt\*

 \*Department of Population Medicine and Diagnostic Sciences, College of Veterinary Medicine, Cornell University, Ithaca, NY, 14853
\*Department of Animal Science, College of Agriculture and Life Sciences, Cornell University, Ithaca, NY, 14853

![](_page_18_Picture_3.jpeg)

![](_page_18_Picture_4.jpeg)

![](_page_19_Picture_0.jpeg)

## **Materials and methods**

- Multiparous Holstein cows (n = 78)
  - Leno et al. (2017a;b) and Kerwin et al. (2019)
- Housed in tie-stalls at the Cornell University Ruminant Center (Harford, NY)
- Individual DMI recorded daily from 14 d prior to parturition → 21 DIM
- Blood sampled from 1-6, & 10 DIM

#### Materials and methods: SCH classification

![](_page_20_Figure_1.jpeg)

Slide courtesy: C. Seely

#### NC: 20.9 [19.9, 21.8] kg **Results: DMI** tSCH: 21.2 [20.2, 22.1] kg pSCH: 17.5 [16.3, 18.7] kg →NC →tSCH →pSCH →dSCH 28 dSCH: 18.6[16.7, 20.6] kg 26 Time *P* < 0.001 24 Group *P* = 0.6 22 Time × Group P 0.8 Dry matter intake, kg 20 18 16 14 12 10 NC: 14.1 [13.4, 14.8] kg 8 tSCH: 14.7 [13.9, 15.4] kg Time *P* < 0.001 6 pSCH: 14.1 [13.1, 15.1] kg 4 Group *P* = 0.01 dSCH: 13.8 [12.3, 15.4] kg 2 Time × Group P 0.01 0 -12 -10 -14

Days Relative to Calving

6

8

10

12

14

16

18

20

#### **Calcium dynamics – they matter!**

![](_page_22_Figure_1.jpeg)

**Figure:** The dynamics of blood Ca measured on days 1 and 4 in milk and the outcomes associated with different classifications of subclinical hypocalcemia. Courtesy: C. Seely

![](_page_23_Picture_0.jpeg)

#### Implications for the real world ...

- We need to stop diagnosing SCH at calving or 1 DIM.
- What is a practical testing strategy in commercial herds?
  - Measure cows a 1 and 4 DIM?
  - Just measure at 4 DIM?
- We need more work on this on a large number of herds.
- Likely a difference between monitoring and test-to-treat methods.

# Determining calcium status

![](_page_25_Picture_0.jpeg)

## **Direct measurement of calcium**

- Calcium is found in 3 forms in blood:
  - Free or ionized (50-60%)
  - Bound to proteins (30%)
  - Complexed (10%)

- 2 options:
  - Ionized calcium (iCa)
  - Total calcium (tCa)

![](_page_25_Picture_9.jpeg)

![](_page_26_Picture_0.jpeg)

# Ionized calcium

- iCa thought to have greater biological relevance than tCa
- Ion-selective electrode technology is largely employed for clinical use (blood-gas analyzers)
- Measurement of iCa is expensive, special handling procedures
  - Heparin salts bind calcium
  - Use of electrolyte-balanced syringes
  - Exposure to air changes blood pH

![](_page_27_Picture_0.jpeg)

## Ionized calcium – methods of analysis

• Cowside = not practical

- Machines targeted for on-farm use:
  - iSTAT, VetScan, Nova Stat
  - \$10,000-\$15,000 + sample costs

 Fast, accurate, and <u>inexpensive</u> tools that measure iCa do not currently exist

![](_page_27_Picture_7.jpeg)

![](_page_28_Picture_0.jpeg)

#### Total calcium

- Collect in red or green top tubes
- Very stable

• Methods of analysis:

- No difference after 14 d at 20°C (Bach et al., JDS, 2020)
- No effect of hemolysis on tCa not true for all metabolites
  - 0 h 72 h 14 d
- Benchtop analyzer in laboratory @ \$5-15/sample

# How should you use on-farm testing?

- No current practical, on-farm testing methods
  - Exception: iStat type units
  - Exception: farms willing to purchase benchtop units
- Farm collects blood from down cows <u>before</u> treatment
  - Store in a working fridge!
  - Save and test if no response to treatment
- Routine monitoring: herds take blood from cows 4 DIM
  - Store in a working fridge!
  - Submit to lab all at once after appropriate sample size

#### Prepartum nutrition strategies to reduce hypocalcemia

![](_page_31_Picture_0.jpeg)

# Prepartum nutritional strategies:

- Optimize feed intake
  - Stocking density
  - Pen moves
  - Heat abatement
- Feeding a low Ca diet
  - Ca < 20 g/d absorbed (practically difficult in New York)
  - Calcium binder
- Feeding a low P diet
- Feeding a negative dietary cation anion difference diet

![](_page_32_Picture_0.jpeg)

## **Calcium binders**

- Sodium aluminum silicate (Zeolite A)
  - Can bind dietary Ca, P, Mg
  - Show to increase active form of vitamin D prepartum
  - Studies done in USA and New Zealand
    - Targeted 500 g/d as fed
- Decreased prevalence of hypocalcemia
- No change in postpartum milk yield

#### Feeding of low P: recent studies

![](_page_33_Picture_1.jpeg)

J. Dairy Sci. 104:11646–11659 https://doi.org/10.3168/jds.2021-20488 © 2021 American Dairy Science Association<sup>®</sup>. Published by Elsevier Inc. and Fass Inc. All rights reserved.

Effects of dietary phosphorus concentration during the transition period on plasma calcium concentrations, feed intake, and milk production in dairy cows

P. Keanthao,<sup>1</sup>\* R. M. A. Goselink,<sup>2</sup> J. Dijkstra,<sup>3</sup> A. Bannink,<sup>2</sup> and J. T. Schonewille<sup>1</sup> <sup>1</sup>Department of Population Health Sciences, Faculty of Veterinary Medicine, Utrecht University, Yalelaan 7, 3584 CL Utrecht, the Netherlands <sup>2</sup>Department of Animal Nutrition, Wageningen Livestock Research, PO Box 338, 6700 AH Wageningen, the Netherlands <sup>3</sup>Animal Nutrition Group, Wageningen University and Research, PO Box 338, 6700 AH Wageningen, the Netherlands

#### • 60 multiparous Holstein Friesians

- Dry (6 wk): high P = 3.6 g P/kg, low P = 2.2 g P/kg
- Lactating (8 wk): high P = 3.8 g P/kg, low P = 2.9 g P/kg
- Blood sampled: 0, 1, 2, 3, 7, 14, 21, 28, and 56 DIM

![](_page_34_Figure_0.jpeg)

#### Feeding of low P: recent studies

		Sampling day after calving								
Experimental diet	0	1	2	3	7	14	21	28	56	
Calcium Dry-HP	Lac-HP	1.81	1.74	2.02	2.20	2.30	2.34	2.33	2.33	2.29
Dry-LP	Lac-HP Lac-LP	1.93 2.05	1.89 1.88 2.16	2.12 2.07 2.25	2.39 2.37	2.34 2.28 2.39	2.42 2.40 2.38	2.40 2.45 2.44	2.28 2.40 2.44	2.47 2.44 2.44

Keanthao et al., JDS, 2021

#### Feeding of low P: recent studies

![](_page_35_Picture_1.jpeg)

J. Dairy Sci. 105:748–760 https://doi.org/10.3168/jds.2021-20726

© 2022, The Authors. Published by Elsevier Inc. and Fass Inc. on behalf of the American Dairy Science Association<sup>®</sup>. This is an open access article under the CC BY license (http://creativecommons.org/licenses/by/4.0/).

#### Effects of restricted dietary phosphorus supply to dry cows on periparturient calcium status

#### **S. Wächter,**<sup>1</sup> **I. Cohrs,**<sup>2</sup> **L. Golbeck,**<sup>1</sup> **M. R. Wilkens,**<sup>3</sup>\* and **W. Grünberg**<sup>1</sup>† <sup>1</sup>Clinic for Cattle, University of Veterinary Medicine Hannover, Foundation, 30173 Hanover, Germany

<sup>1</sup>Clinic for Cattle, University of Veterinary Medicine Hannover, Foundation, 30173 Hanover, Germany <sup>2</sup>Educational and Research Centre for Animal Husbandry, Hofgut Neumühle, 67728 Münchweiler an der Alsenz, Germany <sup>3</sup>Institute of Physiology and Cell Biology, University of Veterinary Medicine Hannover, Foundation, 30173 Hanover, Germany

#### • 30 multiparous Holstein Friesians

- Dry (4 wk): low P = 0.16% DM, adequate P = 0.30% DM
- Lactating: adequate P = 0.46% DM
- Blood sampled: 0, 0.25, 0.5, 1, 2, 3, 4, and 7 DIM

#### Feeding of low P: recent studies

![](_page_36_Figure_1.jpeg)

Solid lines = 0.16% DM P Dashed lines = 0.30% DM P

Wachter et al., JDS, 2022

![](_page_37_Picture_0.jpeg)

#### **Prepartum DCAD**

- Meta-analysis: Santos et al., JDS, 2019
- Reduction from +20 to -10 mEq/100 g DM:
  - Increase blood total calcium at calving (~0.2 mmol/L)
  - Increase postpartum dry matter intake (1.0 kg/day)
  - Increase milk yield in multiparous cows (1.7 kg/d)
  - Marked reduction in risk of milk fever (from 12 to 3%)
  - Reduced risk of retained placenta and metritis

![](_page_38_Figure_0.jpeg)

# What can we do after calving to prevent hypocalcemia?

## **Postpartum prevention**

- How do we meet their needs?
  - Cow comfort
  - Nutrition
  - Calcium supplementation
- Options for supplementation:
  - Injectable
  - Oral

![](_page_40_Picture_9.jpeg)

• Not enough time to discuss in depth

#### **Postpartum calcium supplementation**

• Idea: supply additional calcium to reduce deficit

![](_page_41_Figure_2.jpeg)

• Not all cows need supplementation

#### Postpartum calcium supplementation

- Does calcium supplementation impede welfare for some cows?
- Does type of calcium supplementation matter as far as potential harm?
- By trying to do the right thing, do we interfere with homeostatic mechanisms?

• Transition cow welfare: comfort & nutrition!

#### Summary

![](_page_43_Picture_1.jpeg)

- Hypocalcemia is a prevalent "gateway" disease
- Focus on comfort & nutrition
- Our job is to meet their needs
- Future opportunities:
  - Management factors associated with transient/normocalcemia
  - Milk tells us a lot about individual cow and herd-level health

#### **Questions?**

jmcart@cornell.edu blogs.cornell.edu/jessmcartlab imcartdvm

![](_page_44_Picture_2.jpeg)

McArt Dairy Cow Lab

Caring for the well-being, health and production of dairy cattle

ome Posts Research Lab Members 🔻 Gallery Contact Us

Contact Us Links

🖆 Like 27 🔰 Tweet 💽 Share 🦉 9

#### Tweets by @jmcartdym

#### eets by @jmcartdvm

Jess McArt @imcartdym

Think @KBachVMD is happy about turning her PhD thesis in to her graduate committee? We celebrated with a walk around campus and a stop @cornelldairy.

![](_page_44_Picture_12.jpeg)

Jess McArt

Dimcartdym

Oct 25, 2019

#### This work is supported by: USDA National Institute of Food and Agriculture Hatch projects 1007331 & 1017096

#### Welcome to the McArt Dairy Cow Lab!

Our lab focuses on the identification, epidemiology, and economics of periparturient diseases in dairy cattle. As such, we are interested in

> that accurately and quantitatively measure bolites, macromineral concentrations, and narkers cow-side in order to improve detection . Knowledge of a disease's incidence and s period of lactation and its association with an important antecedent in determining and preventative measures that decrease the nerd.

![](_page_44_Picture_18.jpeg)

ence studying the epidemiology of hyperketonemia in early lactation, and we are interested in other parturient-related diseases in order to improve the well-being, health, and production of n to the welfare of individual cows in a herd, diseases have an impact on the financial success of considerations regarding the cost of parturient-related diseases and the cost-benefit of different t strategies have a large impact on farm engagement and management practices. Using ic and stochastic/iterative modeling, we hope to explore the economic impact of transition cow diseases and anagement practices that optimize cow health and farm profit.

![](_page_45_Picture_0.jpeg)

#### 2022 Dairy Cattle Welfare Symposium May 18-19, 2022 Syracuse, New York

#### Please Register & Join Us at: www.DCWCouncil.org

Follow our social media accounts for updates and information!

LinkedIn: https://www.linkedin.com/company/dairy-cattle-welfare-council/ Facebook: https://www.facebook.com/DairyCattleWelfare