Celebrating the 2nd Anniversary of CIHF!

The photo on the cover of this booklet was selected to draw attention to the hidden and overlooked aspects of health design. The underside of an autumn leaf is an apt metaphor for mental and behavioral health; the rarely observed structure behind the leaf’s beauty mirrors the psychological structure that defines every human being. This Roundtable’s theme is so pertinent because the implications of these less visible facets of well-being hold just as much importance as more conspicuous ones. (Justin Horst, DEA student, program designer)
The mission of the Cornell Institute for Healthy Futures is to provide a multidisciplinary platform for integrating hospitality, health management/policy, and design to enhance service excellence in healthcare, wellness, senior living, and related industries.
VA Palo Alto Mental Health - Nurses Station (Architects: The Design Partnership; Photo credit: Rien van Rijthoven)

Placer CES - Dining Room, Living Room, Terrace (Architects: The Design Partnership; Photo credit: Bernard Andre)
Sunday, October 15, 2017

5:30–7:00 p.m. Welcome Reception

Roundtable Chair: Mardelle Shepley, B.A., M.Arch., M.A., D.Arch., Chair of Design and Environmental Analysis, Cornell University; Associate Director, CIHF

Posters on display are by students in Design & Environmental Analysis and Architecture, Art & Planning

SHA Tower, 5th Floor
Silver Birch Suite
Statler Hall
Roundtable: Mental & Behavioral Health Design
Monday, October 16, 2017

8:00–8:30 a.m. Registration and Networking Breakfast

8:30–9:15 a.m. Welcome and Introductions
Roundtable Chair: Mardelle Shepley, Associate Director, CIHF; Chair, Department of Design & Environmental Analysis, Cornell University

9:15–9:30 a.m. Recent Research on Mental & Behavioral Health Design
Presentation - Mental & Behavioral Health Environments: Critical Considerations for Facility Design (Shepley)

9:30–10:15 a.m. Recent Mental & Behavioral Health Design Projects
Presenters:
Brian Giebink, HDR
Mike McKay, ERDMAN
Elisabeth Perreault, CannonDesign
Frank Pitts, architecture+
Naomi Sachs, Therapeutic Landscapes Network
Lynne Wilson Orr, Parkin Architects Limited

10:15–10:30 a.m. Break + Group Photo

10:30–11:45 a.m. Current Status of Mental & Behavioral Health Programs and Facilities
Moderator: Brooke Hollis, MBA ’78, Associate Director, CIHF; Associate Director, Sloan Program in Healthcare Administration, Cornell University
Monday, October 16, 2017

11:45-12:45 p.m.  Networking Luncheon and Discussion
Participants, Faculty Fellows, and students share their ideas and experience
Rowe Room, Taverna Banfi
Statler Hotel

12:45-1:45 p.m.  Impediments to Successful Mental & Behavioral Health Programs and Facilities
Moderator: Rohit Verma, Executive Director, CIHF; Dean of External Relations, Cornell SC Johnson College of Business, Cornell University
SHA Tower, 5th Floor
Silver Birch Suite
Statler Hall

1:45–2:00 p.m.  Break

2:00–2:45 p.m.  Opportunities for Successful Mental & Behavioral Health Programs and Facilities
Moderator: Mardelle Shepley

2:45–3:00 p.m.  Wrap-Up and Next Steps
Hand in 2017 Roundtable Survey
In 2014, Sheila was named top researcher by Healthcare Design Magazine’s HCD10 awards. As a thought leader in the field of evidence-based design, Sheila regularly speaks at national scholarly and trade conferences and has authored numerous peer-reviewed and non-peer-reviewed articles. She also serves as an ad-hoc reviewer for several peer-reviewed publications, including Health Environments Research and Design journal and the Journal of Interior Design. Having earned a PhD in 2004 from Georgia Tech’s College of Architecture, Sheila also holds an MS and a BS from the University of Tennessee.

Sheila Bosch
Assistant Professor
Department of Interior Design
University of Florida

Dr. Serene Chen is an emergency medicine resident physician at Highland Hospital in Oakland, CA. She earned her medical degree at Yale School of Medicine in New Haven, CT, where she was also part of the Center for Outcomes Research and Evaluation. Dr. Chen received her undergraduate biochemistry degree from Harvard University in Cambridge, MA. She currently lives and works in the beautiful city of Oakland, and is passionate about how the built environment affects the delivery of emergency care.

Serene Chen, MD
Resident Physician in Emergency Medicine
Highland Hospital
Brian is a leader of mental health design at HDR. Throughout his career, he has surrounded himself with other experts in the field of mental health to better understand current trends in mental health design and create innovative solutions to improve the patient experience in mental health environments. Brian works collaboratively with design teams and stakeholders to ensure that all new and existing facilities address the challenges of new patterns in mental healthcare practice and operations, sustainability, and incorporation of evidence based-design. He encourages project teams to rethink mental health environments to enable patients to live the most satisfying, hopeful, and productive life consistent with the limitations caused by their illness.

Samantha Greenberg is passionate about creating accessible, affordable, and high-quality healthcare options and has spent five years working within the digital health industry. She currently leads partnership development for Lantern, a digital mental health technology company in San Francisco. Samantha is responsible for expanding access to Lantern’s app-based anxiety and depression programs through partnerships with employers, health plans, and health systems. Samantha holds a Bachelor of Science in Communication from Cornell University and a Masters of Business Administration from the Kellogg School of Management at Northwestern University.
James M. Hunt, AIA, is a practicing architect and facility management professional with 38 years of experience with behavioral healthcare design and operation. He was director of facilities management for the Menninger Clinic for 20 years. He is co-author of Design Guide for the Built Environment of Behavioral Health Facilities, published by the Facility Guidelines Institute (www.fgiguidelines.org/beyond). He speaks and publishes articles frequently. He is president of Behavioral Health Facility Consulting, LLC, an organization that has consulted with behavioral health facilities and architects designing them on improving patient and staff safety in 30 states and Canada.

Jim Hunt
President
Behavioral Health Facility Consulting, LLC

As a senior healthcare architect in the Office of Construction and Facilities Management, Dr. Madani-Nejad leads the design team for all existing and new geriatrics and mental health facilities in the VA. A member of the Facilities Standards Group he has created the national VA design guides for Community Living Centers, Outpatient and Inpatient Mental Health and has represented VA on the US Access Board. These standards ensure efficient and effective use of resources aimed at increasing the quality of care for the most vulnerable patients- our aging veterans. Prior to his position at the VA, Dr. Madani-Nejad was at the Department of Health and Human Services overseeing Primary Care Construction grants to the underserved regions of the country.

Kayvan Madani-Nejad
Senior Healthcare Architect
Facilities Standards Service
Mike McKay has been a practicing architect in healthcare for over 30 years, and is registered in 47 States and the District of Columbia. He leads design, thought leadership, and innovation in project delivery at ERDMAN, working with research and knowledge resources, advisory services resources and cross-discipline planning and design teams to bring evidence-based design principles forward in our work. An advocate of patient and family centered design, he is also focused on providing exceptional outcomes for our clients and their projects. His experience includes projects that span the continuum of care from birth to death, from primary and ambulatory care to acute care, post-acute care, senior living, and hospice care.

Penny Mills is the EVP/CEO of the American Society of Addiction Medicine (ASAM), the leading professional society of physicians and clinicians involved in addiction prevention, treatment, research, education and public policy. Penny has spent her entire career in healthcare including positions in consulting, health system administration and medical society management. Prior to ASAM, Penny was Vice President with Avalere Health, an advisory services firm that focuses on the intersection of health policy and business strategy. Before Avalere, Penny was Division Vice President of the American College of Cardiology (ACC), where she held senior positions for 15+ years. Penny’s background also includes consulting positions with the Lewin Group, American International Healthcare, and Arthur Young. She also managed the psychiatric and addiction services for a multi-hospital system in upstate New York. Penny received a B.A. in Psychobiology from Oberlin College and an M.B.A. and Sloan Certificate in Health Services Administration from Cornell University.
Ms. Perreault is a core member of CannonDesign’s International Behavioral Health Practice. Elisabeth has dedicated her career to the programming, planning and design of healing spaces for a variety of behavioral healthcare populations, including child, adolescent, adult and geriatric. Her experience includes award-winning mental health facilities accommodating ambulatory, acute, sub-acute, and forensic patient types. Ms. Perreault recently lectured at the University of Toronto’s Ontario Shores Mental Health Center’s Thought Leadership Forum on the influence of architectural design on patient seclusion and restraint. In her role as Health Practice Leader for the Buffalo office, Elisabeth engages healthcare organizations in the area and around North America to create high-performing care environments. With nearly 15 years of experience, she has mastered a forward-thinking design approach that balances operational and environmental considerations. Elisabeth focuses on creating patient centered care environments that improve patient outcomes and satisfaction while streamlining operational efficiencies and the cost of care.

Samira Pasha
Healthcare Project Architect
Cumming Construction Management

Samira Pasha, PhD, AIA, NCARB, LEED AP BD+C, Lean SSGB, EDAC, is an architect and researcher in Washington DC. She is the co-author of the 2017 book, Design for Mental and Behavioral Health. Through her research and medical planning experience, Samira seeks to empower healthcare facility owners to achieve desired goals with regard to environment of care. Samira received a PhD in architecture along with certificate in Health Systems and Design from Texas A&M University in 2011.

Elisabeth Perreault
Senior Vice President
WNY Health Practice Leader
CannonDesign
Francis Murdock Pitts, FAIA, buys groceries by serving as the Managing Principal of architecture+, a 35+ person architectural practice with offices in New York and Massachusetts.

Mr. Pitts is known for his work with facilities designed for the mentally ill and persons with developmental disabilities. He and his colleagues have developed transformational and award-winning treatment settings throughout the United States and Canada. Mr. Pitts has served as the President of the American Institute of Architects’ Academy of Architecture for Health and as a founding Trustee and President of the American College of Healthcare Architects.

Naomi Sachs, PhD, MLA, EDAC is a Postdoctoral Associate in the Department of Design & Environmental Analysis at Cornell University. Naomi received a PhD in Architecture from Texas A&M University, a Master of Landscape Architecture from UC Berkeley, and a BA in Women’s Studies from Brown University. She is co-author with Clare Cooper Marcus of the book *Therapeutic Landscapes: An Evidence-Based Approach to Healing Gardens and Restorative Outdoor Spaces* (2014), and author of the chapter on psychiatric hospitals in the book *Healing Gardens* (Marcus & Barnes, Eds., 1999). Naomi is co-editor of the peer-reviewed journal, *Health Environments Research & Design Journal*. 
Heather Shangold, has been working for the VA NJ Health Care System (VANJHCS) as the Local Recovery Coordinator since December 2007. Within this role, she has been involved with implementing various policies designed to transform mental health care so that it is more recovery-oriented and veteran-centric. As part of these efforts, she has served as a liaison between VA and Mental Health leadership, Veterans, staff and local stakeholders to ensure new VA national policy mandates are understood and met. Prior to coming to the VA, she worked as a primary psychologist for two long-term care facilities, and at a social service agency in New York City for 8 years. There, she was the director of a vocational program where she developed services to help empower individuals. She worked with homeless and formerly homeless individuals who were diagnosis with severe mental illness and chemical addiction. Dr. Shangold has a PhD in counseling psychology and master’s degrees in education and philosophy from Columbia University.

James Spelman has spent a professional lifetime working with hospitalized mentally ill patients. He understands and studies how spaces feel, when they work well and when they don’t. For more than forty years, Spelman has witnessed first-hand how patient care has changed, and how thoughtfully-designed buildings oftentimes strain to meld with these changing times. From his background and institutional knowledge, Spelman envisions a future for mental health treatment in America and how environmental settings might most positively influence outcomes for patients. It is with this knowledge that Mr. Spelman works with designers and architects to promote a sympathetic understanding toward these future needs.
Tammy Thompson is a licensed architect and founder of the Institute for Patient-Centered Design, a nonprofit organization dedicated to improving health care accommodations for patients, families, and staff. She has been recognized by Healthcare Design Magazine as its first “HCD10 Foundation Executive” and honored with Engineering News Record’s Top 20 Under 40 distinction. As a published author of journal and magazine articles, she has also contributed to the Joint Commission’s Planning, Design, and Construction of Health Care Facilities book. With a passion for identifying the evolving needs of patients and staff, Tammy facilitates user group meetings, workshops and innovation sessions. She has taught undergraduate, graduate, and professional courses. Tammy is proud to serve as a patient advocate within the design profession.

Mary Tabacchi, PhD, Biochemical Nutrition, RD, taught the first academic Corporate Wellness Course in 1986. Mary is a ten year member of the Board of Directors and founder Global Wellness Summit, as well as founder of The New York Spa Alliance and the International Spa Association. In Spring 2017 she spoke at a Qatar Conference on Wellness, Physical Fitness and Neurobiology. An avid hiker, jogger, world adventure traveler and power yogi, she is a passionate proponent of healthful, meaningful and active aging. She has taught Health Resort Management, and Healthful Cuisine, and has consulted on healthful menus for seniors and an ombudsman in senior homes. She is a Cornell Institute for Healthy Futures Fellow and spa and wellness consultant and advisor to Sloan Program students studying best practices in hydration and nutrition in Senior Homes and Hospitals.

Mary Tabacchi
Professor Emerita
School of Hotel Administration
Cornell University

Tammy Thompson
President and Founder
Institute for Patient-Centered Design
Nianne has worked at Cornell University at Cornell Health for 35 years. During this time she has served as Director of Nursing and for the last 15 years as a member of the senior staff and is currently the Director of Operations. During her tenure she has been the designated construction manager for the end user. Most recently she has overseen the end user needs for a 55 million dollar renovation and addition project at Cornell Health. This included collaborative space for Counseling and Medical services. A great deal of consideration was given to meet the variety of needs for different services and special attention to the needs of the patients/clients who utilize the services.

Nianne graduated in 1995 from Binghamton University with a Master of Science degree in Community Health Nursing and Administration.

Lynne is an architect and interior designer with more than thirty years of experience specialized in healthcare design and planning. Her projects include everything from large urban, teaching hospitals and community hospitals to renovations of late 19th century structures. What all these projects have in common is her passionate commitment to creating places for people; places to heal, places to work, and places to make connections. Lynne has a particular interest in the design and planning of facilities for women and children and in the creation of standards for the design of healthcare facilities. Recent projects include Valleyview Centre for Adolescent Mental Health in Vancouver, Oakville Trafalgar Memorial Hospital for which she was responsible for the Adult and Child and Adolescent Outpatient and Inpatient Mental Health programs, Providence Care Kingston which includes Psychogeriatric and Forensic Mental Health units, ErinoakKids Centre for Treatment and Development and the new Women and Newborn Hospital in Winnipeg.
Rohit Verma is the executive director of the Cornell Institute for Healthy Futures (CIHF), Dean of External Relations, Cornell SC Johnson College of Business, and the Singapore Tourism Board Distinguished Professor. Verma has published over 70 articles in prestigious academic journals and has also written numerous reports for the industry audience. He regularly presents his research, participates in invited panel discussions, and delivers keynote addresses at major industry and academic conferences around the world.

Brooke Hollis is associate director of both CIHF and the Sloan Program in Health Administration. Mr. Hollis’ background includes over three decades serving in senior management positions. He has worked in both academic and community medical centers, and was president of an entrepreneurial group that developed specialty clinics and services for hospitals in three states. His mergers and acquisitions advisory work has been for health and services firms in 20 states. He has an MBA and Sloan Certificate in Health Administration from Cornell University and a Master of Architecture and Urban Design from Washington University in St Louis.

Dr. Mardelle McCuskey Shepley, B.A., M.Arch., M.A., D.Arch., FAIA, FACHA, is the chair of the Department of Design and Environmental Analysis and associate director of CIHF. Previously she served as professor and director of the TAMU Center for Health Systems & Design. Dr. Shepley has authored six books, including Design for Critical Care (2009), Health Facility Evaluation for Design Practitioners (2010), Design for Pediatric and Neonatal Critical Care (2014), and Design for Mental and Behavioral Health (2017). Dr. Shepley has worked in professional practice, full-time and part-time, for 25 years.
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DEA 3304 members: Justin Horst, Kristen Thompson, Ming Chi, Ah Jin Cho, Dina Kaganer, Olivia Alexandra Matticoli, Pui Lam So, Ayda Uraz, and Amy Vu.

Contact Us

Pamela Lafayette, CIHF Program Assistant
CIHF@cornell.edu
607-255-2428
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