# Cornell Cooperative Extension Cornell Garden-Based Learning



# **Beginner Certificate (11+ activities)**

### **Unit One: What's My Story?**

- Complete all activities in Unit One:
  - 1.1 Inspirational Quotes: The Power of Change (30 minutes)
  - o 1.2 What's My Story? (45 minutes)
  - o 1.3 Out of Control! or Not (45 minutes)
  - o 1.4 Know & Show (40 minutes)
  - o 1.5 Systems Thinking and Me (50 minutes)

## Unit Two: "What Do I Know" about Climate Change?

- Complete 2.1 My Carbon Footprint (2 hours)
- Choose at least one of the activities listed below (2.2A, 2.2B, 2,2C, 2.2D) based on interest (time varies):
  - o 2.2.A: Climate Change in the Garden
  - o 2.2.B: Save the Bees "Bee-coming a Bee Rancher"
  - 2.2.C: Ways to Grow Food: Alternative growing methods: Hydroponics, Aquaponics and Aeroponics
  - o 2.2.D: Permaculture

### **Unit Three: Community Action**

- Complete at least 3.1 and 3.2:
  - 3.1 Action Takers: What are People Doing? (45 minutes)
  - o 3.2 What are We Doing? Peer Interviews, Interview Skills (45 minutes)

#### **Unit Four: Let's Do It!**

- Complete 4.1 and 4.2:
  - o 4.1 I Can Do It: My Sense of Place (50 minutes)
  - o 4.2 Act Towards Climate Change with "Ten Simple Things" and More! (30 minutes)

## **Intermediate Certificate (12+ Activities)**

#### **Unit One: What's My Story?**

- *Complete activities* 1.1, 1.2, 1.3 and 1.5:
  - o 1.1 Inspirational Quotes: The Power of Change (30 minutes)
  - o 1.2 What's My Story? (45 minutes)
  - o 1.3 Out of Control! or Not (45 minutes)
  - o 1.5 Systems Thinking and Me (50 minutes)

### Unit Two: "What Do I Know" about Climate Change?

- Complete 2.1 My Carbon Footprint (2 hours)
- Choose at least one of the activities listed below (2.2A, 2.2B, 2,2C, 2.2D) based on interest (time varies):
  - o 2.2.A: Climate Change in the Garden
  - o 2.2.B: Save the Bees "Bee-coming a Bee Rancher"
  - 2.2.C: Ways to Grow Food: Alternative growing methods: Hydroponics, Aquaponics and Aeroponics
  - o 2.2.D: Permaculture
- Complete 2.3 Exploring Plans for Climate Resiliency (45 minutes)

#### Unit Three: Community Action

- *Complete at least 3.1, 3.2 and 3.3:* 
  - o 3.1 Action Takers: What are People Doing? (45 minutes)
  - o 3.2 What are We Doing? Peer Interviews, Interview Skills (45 minutes)
  - o 3.3 Interviewing Practice and Role Play (30 plus minutes)

#### Unit Four: Let's Do It!

- *Complete 4.1 and 4.2:* 
  - o 4.1 I Can Do It: My Sense of Place (50 minutes)
  - o 4.2 Act Towards Člimate Change with "Ten Simple Things" and More! (30 minutes)

## Advanced Certificate (14+ activities)

### Unit One: What's My Story?

- *Complete activities* 1.1, 1.2, 1.3 and 1.5:
  - 1.1 Inspirational Quotes: The Power of Change (30 minutes)
  - o 1.2 What's My Story? (45 minutes)
  - o 1.3 Out of Control! or Not (45 minutes)
  - o 1.5 Systems Thinking and Me (50 minutes)

## Unit Two: "What Do I Know" about Climate Change?

- Choose at least one of the activities listed below (2.2A, 2.2B, 2,2C, 2.2D) based on interest (time varies):
  - o 2.2.A: Climate Change in the Garden
  - o 2.2.B: Save the Bees "Bee-coming a Bee Rancher"
  - 2.2.C: Ways to Grow Food: Alternative growing methods: Hydroponics, Aquaponics and Aeroponics
  - o 2.2.D: Permaculture
- Complete 2.3 Exploring Plans for Climate Resiliency (45 minutes)

## **Unit Three: Community Action**

- *Complete all of activities in Unit 3:* 
  - o 3.1 Action Takers: What are People Doing? (45 minutes)
  - o 3.2 What are We Doing? Peer Interviews, Interview Skills (45 minutes)
  - o 3.3 Practice Interviews (30 plus minutes)
  - o 3.4 Heroes and Action Takers Video Production (varies)

#### **Unit Four: Let's Do It!**

- Complete all of activities in Unit 4:
  - 6 4.1 I Can Do It: My Sense of Place (50 minutes)
  - o 4.2 Act Towards Climate Change with "Ten Simple Things" and More! (30 minutes)
  - o 4.3 The Big Picture Action Project- Plan for Climate Resiliency (varies)
  - o 4.4 Lead by Example- Planning and Leading an Educational Event (varies)

#### Skill Levels of all Unit Activities

- 1.1 Inspirational Quotes (all skill levels)
- 1.2 What's My Story? (all skill levels)
- 1.3 Out of Control (all skill levels)
- 1.4 Know & Show (Beginning)
- 1.5 Systems Thinking (all skill levels)
- 2.1 My Carbon Footprint (Beginning, Intermediate)
- 2.2 Exploring Ways to Grow Sustainability for the Future (choose activities based on skill level and interest)
  - 2.2.A Climate Change in the Garden (all skill levels)
  - 2.2.B Save the Bees "Bee-coming a Bee Rancher" & Pollinator Observation (all skill levels)
  - 2.2.C Ways to Grow Food: alternative growing methods: Hydroponics,

Aquaponics and Aeroponics (all skill levels)

- 2.2.D Permaculture (all skill levels)
- 2.3 Exploring Plans for Climate Resiliency (Intermediate, Advanced)
- 3.1 Action Takers: What are People Doing? (all skill levels)
- 3.2 What are We Doing? Peer Interviews, Interview Skills (all skill levels)
- 3.3 Practice Interviews (All levels)
- 3.4 3.4 Heroes and Action Takers Video Production (all skill levels)
- 4.1 I Can Do It: My Sense of Place (all skill levels)
- 4.2 Ten Simple Things We Can Do NOW (all skill levels)
- 4.3 The Big Picture Action Project- Plan for Climate Resiliency (Intermediate, Advanced)
- 4.4 Lead by Example- Planning and Leading an Educational Event (Advanced)



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Author: Donna Alese Cooke

Reviewers: Marcia Eames-Sheavly, Collin, Hedges, Beth Ricciardi