

Vegan Soup				
Soup by 10:00 am		Faculty Soup Club only	Crazy for Curry!!!	
TUE	22-Aug	French Onion	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	23-Aug	Cauliflower and Cheddar Soup	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	24-Aug	Italian Wedding	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	25-Aug	Bahamian Fish Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
Vegan Soup				
Soup by 10:00 am		Faculty Soup Club only	Crazy for Curry!!!	
MON	28-Aug	Cream of Mushroom	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	29-Aug	Sweet Hellfire Chili	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	30-Aug	Hot and Sour Soup with Chicken	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	31-Aug	Black Bean soup	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	1-Sep	New England Clam Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
TUE	5-Sep	Corn Chowder	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	6-Sep	Beef, Barley and Kale	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	7-Sep	Baked Potato and Ham Chowder	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	8-Sep	Seafood Gumbo w/ Sausage	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	11-Sep	Corn Tortilla	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	12-Sep	Split Pea and Ham	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	13-Sep	Cream of Broccoli and Cheddar	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	14-Sep	Chicken Noodle Soup	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	15-Sep	Spicy Seafood and Corn Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	18-Sep	Butternut Squash Bisque	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	19-Sep	French Onion	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	20-Sep	Cauliflower and Cheddar Soup	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	21-Sep	Italian Wedding	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	22-Sep	Bahamian Fish Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
Vegan Soup				
Soup by 10:00 am		Faculty Soup Club only	Crazy for Curry!!!	
MON	25-Sep	Cream of Mushroom	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	26-Sep	Sweet Hellfire Chili	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	27-Sep	Hot and Sour Soup with Chicken	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	28-Sep	Black Bean soup	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	29-Sep	New England Clam Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	2-Oct	Garden Vegetable Soup	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	3-Oct	Corn Chowder	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	4-Oct	Beef, Barley and Kale	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	5-Oct	Baked Potato and Ham Chowder	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	6-Oct	Seafood Gumbo w/ Sausage	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
WED	11-Oct	Cream of Broccoli and Cheddar	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	12-Oct	Chicken Noodle Soup	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	13-Oct	Spicy Seafood and Corn Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	16-Oct	Butternut Squash Bisque	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	17-Oct	French Onion	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	18-Oct	Cauliflower and Cheddar Soup	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	19-Oct	Italian Wedding	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	20-Oct	Bahamian Fish Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
Vegan Soup				
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MON	23-Oct	Cream of Mushroom	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	24-Oct	Sweet Hellfire Chili	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	25-Oct	Hot and Sour Soup with Chicken	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	26-Oct	Black Bean soup	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	27-Oct	New England Clam Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	30-Oct	Garden Vegetable Soup	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	31-Oct	Corn Chowder	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	1-Nov	Beef, Barley and Kale	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	2-Nov	Baked Potato and Ham Chowder	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	3-Nov	Seafood Gumbo w/ Sausage	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	6-Nov	Corn Tortilla	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	7-Nov	Split Pea and Ham	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	8-Nov	Cream of Broccoli and Cheddar	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	9-Nov	Chicken Noodle Soup	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	10-Nov	Spicy Seafood and Corn Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
MON	13-Nov	Butternut Squash Bisque	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	14-Nov	French Onion	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	15-Nov	Cauliflower and Cheddar Soup	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	16-Nov	Italian Wedding	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	17-Nov	Bahamian Fish Chowder	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak
Vegan Soup				
Soup by 10:00 am		Faculty Soup Club only	Crazy for Curry!!!	
MON	20-Nov	Cream of Mushroom	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	21-Nov	Sweet Hellfire Chili	Red Thai Vegetable	Chicken Tikka, Chana Aloo
MON	27-Nov	Garden Vegetable Soup	Three Bean and Kale	Mango Chicken, Paneer Palak
TUE	28-Nov	Corn Chowder	Red Thai Vegetable	Chicken Tikka, Chana Aloo
WED	29-Nov	Beef, Barley and Kale	B. Nut Squash with Quinoa and B. Beans	Chicken Massaman, Paneer Palak
THU	30-Nov	Baked Potato and Ham Chowder	Three Bean and Kale	Thai Chicken, Chana Aloo
FRI	1-Dec	Seafood Gumbo w/ Sausage	Red Thai Vegetable	Cambodian Chicken Patty, Paneer Palak

# Soup Allergy Facts

Soup contains....	Dairy	Gluten	Nuts	Fish	Shellfish	Soy	Egg	Pork	Soup is....	Vegan	Vegetarian
Beef Barley and Kale		yes				yes					
Black Bean Soup											yes
Butternut Squash Bisque	yes										yes
Chicken Noodle Soup	YES	yes				yes					
Cream of Mushroom	yes					yes					yes
French Onion Soup	yes	yes				yes					
Hot & Sour Chicken Soup	yes	yes				yes	yes				
Italian Wedding Soup	yes	yes				yes	yes	yes			
Garden Vegetable										Yes	
New England Clam Chowder	yes			yes	yes						
Roast Vegetable Bisque										yes	
Cauliflower and Cheddar	Yes										Yes
Seafood Gumbo w/ sausage	yes	yes		yes	yes	yes		yes			
Spicy Seafood and Corn Chowder	yes	yes		yes	yes	yes					
Split Pea and Ham						yes		yes			
Thai Red Curry Veggie Soup										yes	
Tomato Basil Bisque										yes	
Corn Chowder	Yes										Yes
Corn and Salmon Chowder	yes			yes	yes	yes					
Cream of Broccoli and Cheddar	yes	yes	nutmeg			yes					yes
Hellfire Chili								yes			
White Bean Squash										Yes	
Baked Potato and Ham Chowder	yes					yes		Yes			
Corn Tortilla										yes	
Bahamian Fish Chowder				yes	yes			yes			

Some soups have Gluten only because of the use of stock bases: there is gluten in Chicken-, Beef- Stock

Some soups have Soy only because the use of stock bases: there is Soy in Turkey- Chicken-, Beef- Ham Stock

Some soups have Dairy only because the use of stock bases: there is dairy in Chicken-Seafood- Fish base

Last updated January 20 2017