

Soup and Entrée Rotation 2017

Soup by 10:00 am

Vegetarian Soup
Faculty Soup Club only

WED	8-Mar	Butternut Squash Bisque	Minestrone and Pasta
THU	9-Mar	Black Bean Soup	Spicy Tomato Bisque
FRI	10-Mar	New England Clam Chowder	Moroccan Lentil Soup
MON	13-Mar	Split Pea and Ham	Moroccan Lentil Soup
TUE	14-Mar	Beef, Barley and Kale	Spicy Tomato Bisque
WED	15-Mar	Cream of Mushroom	Minestrone and Pasta
THU	16-Mar	Chicken Noodle Soup	Spicy Tomato Bisque
FRI	17-Mar	Seafood Gumbo	Moroccan Lentil Soup
MON	20-Mar	Hot & Sour Chicken Soup	Spicy Tomato Bisque
TUE	21-Mar	Vegetable, Barley and Herb Stew	Moroccan Lentil Soup
WED	22-Mar	Chicken and Sausage Gumbo	Minestrone and Pasta
THU	23-Mar	French Onion	Spicy Tomato Bisque
FRI	24-Mar	Spicy Seafood and Corn Chowder	Moroccan Lentil Soup
MON	27-Mar	Italian Wedding Soup	Moroccan Lentil Soup
TUE	28-Mar	Tortilla Chicken Soup	Spicy Tomato Bisque

Soup by 10:00 am		Vegetarian Soup Faculty Soup Club only	Lunch Entrée for Terrace	Starch for Entrée
WED	29-Mar	Cream of Broccoli	Minestrone and Pasta	
THU	30-Mar	Chicken Noodle Soup	Spicy Tomato Bisque	
FRI	31-Mar	Spicy Seafood Chowder	Red Thai Vegetable	
MON	10-Apr	Cream of Mushroom	Spicy Tomato Bisque	
TUE	11-Apr	Sweet Hellfire Chili	Red Thai Vegetable	Korean BBQ
WED	12-Apr	Hot and Sour Soup with Chicken	Minestrone and Pasta	Hungarian Chicken Paprigash
THU	13-Apr	Black Bean soup	Spicy Tomato Bisque	Pork Vindaloo
FRI	14-Apr	New England Clam Chowder	Red Thai Vegetable	Chicken and Biscuits with Gravy
MON	17-Apr	White Bean and Squash	Spicy Tomato Bisque	Vegitable Lasagna
TUE	18-Apr	Roasted Poblano and Corn	Red Thai Vegetable	Spicy Mango Chicken
WED	19-Apr	Beef, Barley and Kale	Minestrone and Pasta	Meatloaf and Mushroom Gravy
THU	20-Apr	Baked Potato	Spicy Tomato Bisque	Chicken Pad See ew
FRI	21-Apr	Seafood Gumbo	Red Thai Vegetable	Thai Chicken Curry
MON	24-Apr	Corn Tortilla	Spicy Tomato Bisque	Mac and Cheese
TUE	25-Apr	Split Pea and Ham	Red Thai Vegetable	Jambalya
WED	26-Apr	Cream of Broccoli and Cheddar	Minestrone and Pasta	Turkey Gravy
THU	27-Apr	Chicken Noodle Soup	Spicy Tomato Bisque	General Tso's Chicken
FRI	28-Apr	Spicy Seafood and Corn Chowder	Red Thai Vegetable	Corned Beef and Cabbage
MON	1-May	Butternut Squash Bisque	Spicy Tomato Bisque	Eggplant Parmesan
TUE	2-May	French Onion	Red Thai Vegetable	Shrimp Fried Rice
WED	3-May	White Turkey Chili	Minestrone and Pasta	Beef and Broccoli
THU	4-May	Italian Wedding	Spicy Tomato Bisque	Shepard Pie
FRI	5-May	Bahamian Fish Chowder	Red Thai Vegetable	Huli Huli Chicken

Soup by 10:00 am		Vegetarian Soup Faculty Soup Club only	Lunch Entrée for Terrace	Starch for Entrée	
MON	8-May	Cream of Mushroom	Spicy Tomato Bisque	Mac and Cheese	
TUE	9-May	Sweet Hellfire Chili	Red Thai Vegitable	Korean BBQ	Rice
WED	10-May	Hot and Sour Soup with Chicken	Minestrone and Pasta	Hungarian Chicken Paprigash	Egg Noodles
THU	11-May	Black Bean soup	Spicy Tomato Bisque	Pork Vindaloo	Rice
FRI	12-May	New England Clam Chowder	Red Thai Vegitable	Chicken and Biscuits with Gravy	Biscuits
MON	15-May	White Bean and Squash	Spicy Tomato Bisque	Vegitable Lasagna	
TUE	16-May	Roasted Poblano and Corn	Red Thai Vegitable	Spicy Mango Chicken	Rice
WED	17-May	Beef, Barley and Kale	Minestrone and Pasta	Meatloaf and Mushroom Gravy	Mashed Potatoes
THU	18-May	Baked Potato	Spicy Tomato Bisque	Chicken Pad See ew	Broad Rice Noodles
FRI	19-May	Seafood Gumbo	Red Thai Vegitable	Thai Chicken Curry	Rice
MON	22-May	Corn Tortilla	Spicy Tomato Bisque	Mac and Cheese	
TUE	23-May	Split Pea and Ham	Red Thai Vegitable	Jambalya	Rice

Soup Allergy Facts

Soup contains....	Dairy	Gluten	Nuts	Fish	Shellfish	Soy	Egg	Pork	Soup is....	Vegan	Vegetarian
Beef Barley and Kale	yes	yes				yes					
Black Bean Soup											yes
Butternut Squash Bisque	yes										yes
Chicken Noodle Soup	YES	yes				yes					
Cream of Mushroom	yes					yes					yes
French Onion Soup	yes	yes				yes					
Hot & Sour Chicken Soup	yes	yes				yes	yes				
Italian Wedding Soup	yes	yes				yes	yes	yes			
Minestrone and Pasta		yes								yes	
New England Clam Chowder	yes			yes	yes						
Roast Vegetable Bisque										yes	
Roasted Poblano and Corn Chowder	yes										yes
Seafood Gumbo w/ sausage	yes	yes		yes	yes	yes		yes			
Spicy Seafood and Corn Chowder	yes	yes		yes	yes	yes					
Split Pea and Ham						yes		yes			
Thai Red Curry Veggie Soup										yes	
Tomato Basil Bisque										yes	
White Turkey Chili	yes	yes				yes					
Corn and Salmon Chowder	yes			yes	yes	yes					
Cream of Broccoli and Cheddar	yes	yes	nutmeg			yes					yes
Hellfire Chili								yes			
White Bean Squash										Yes	
Baked Potato	yes	yes				yes		yes			
Corn Tortilla										yes	
Bahamian Fish Chowder				yes	yes			yes			

Some soups have Gluten only because of the use of stock bases: there is gluten in Chicken-, Beef- Stock

Some soups have Soy only because the use of stock bases: there is Soy in Turkey- Chicken-, Beef- Ham Stock

Some soups have Dairy only because the use of stock bases: there is dairy in Chicken-Seafood- Fish base

Last updated January 20 2017

Soup Allergy Facts

Soup contains....	Dairy	Gluten	Nuts	Fish	Shellfish	Soy	Egg	Pork	Soup is....	Vegan	Vegetarian
Beef Barley and Kale	yes	yes				yes					
Black Bean Soup											yes
Butternut Squash Bisque	yes										yes
Chicken Noodle Soup	YES	yes				yes					
Cream of Mushroom	yes					yes					yes
French Onion Soup	yes	yes				yes					
Hot & Sour Chicken Soup	yes	yes				yes	yes				
Italian Wedding Soup	yes	yes				yes	yes	yes			
Minestrone and Pasta		yes								yes	
New England Clam Chowder	yes			yes	yes						
Roast Vegetable Bisque										yes	
Roasted Poblano and Corn Chowder	yes										yes
Seafood Gumbo w/ sausage	yes	yes		yes	yes	yes		yes			
Spicy Seafood and Corn Chowder	yes	yes		yes	yes	yes					
Split Pea and Ham						yes		yes			
Thai Red Curry Veggie Soup										yes	
Tomato Basil Bisque										yes	
White Turkey Chili	yes	yes				yes					
Corn and Salmon Chowder	yes			yes	yes	yes					
Cream of Broccoli and Cheddar	yes	yes	nutmeg			yes					yes
Hellfire Chili								yes			
White Bean Squash										Yes	
Baked Potato	yes	yes				yes		yes			
Corn Tortilla										yes	
Bahamian Fish Chowder				yes	yes			yes			

Some soups have Gluten only because of the use of stock bases: there is gluten in Chicken-, Beef- Stock

Some soups have Soy only because the use of stock bases: there is Soy in Turkey- Chicken-, Beef- Ham Stock

Some soups have Dairy only because the use of stock bases: there is dairy in Chicken-Seafood- Fish base

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