The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The overall composition is clean and modern, with a focus on natural, healthy colors.

Creating Healthy Places to live, work and **play** in Suffolk County

Family Health and Wellness Program

Cornell Cooperative Extension

Suffolk County



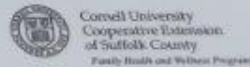
Town of Brookhaven Holtsville Ecology Site

With Fitness Zone, Animal Preserve, playground, picnic area and pool, it's a great place for families to visit for a day of fun.



Welcome to the
**Holtsville Ecology
Site Park**

*Secure and lock your bicycle.
Enjoy your walk along our Fitness Trail.*





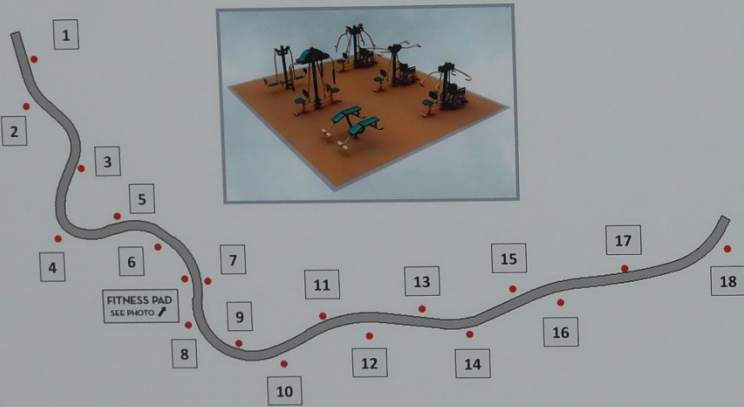




DEPARTMENT OF PARKS,
RECREATION & SPORTS,
AND CULTURAL RESOURCES

The Town of Brookhaven Welcomes You To The **HOLTSMVILLE PARK FITNESS ZONE**

Your Health, Your Fitness, Your Fresh Start!



Town of Brookhaven

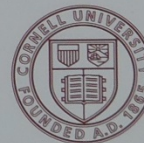
In conjunction with Cornell Cooperative
Exercise Fitness Trail & Fitness Pad

1. Warm Up Stretches
2. Squats
3. Rings
4. Beam Jump
5. Hip Rotation
6. Parallel Bars
- Fitness Pad
7. Sit Up Bar
8. Jump & Touch
9. Balance Beam
10. Inclined Body Curl
11. Push Up
12. Leg Lift
13. Balance Walk
14. Vault Bar
15. Step Up Routine
16. Chin Up
17. Isometric Squat
18. Hand Cycle



**CREATING
HEALTHY
PLACES**
to LIVE WORK & PLAY
in SUFFOLK COUNTY
SIMPLY SENSIBLE
TO MOVE MORE!

CREATING HEALTHY PLACES IS A GRANT-FUNDED
PROJECT OF THE FAMILY HEALTH AND WELLNESS
PROGRAM OF CORNELL COOPERATIVE EXTENSION OF
SUFFOLK COUNTY THROUGH THE NYS DEPARTMENT OF HEALTH



Cornell University
Cooperative Extension
of Suffolk County
Family Health and Wellness Program











THE HOLTSVILLE ECOLOGY SITE AND PARK IS LOCATED ON A RECLAIMED LANDFILL SINCE 1974. WHEN THE LANDFILL CLOSED, THE TOWN OF BROOKHAVEN'S HIGHWAY DEPARTMENT HAS BEEN DEVELOPING ONE OF THE MOST INTERESTING FACILITIES IN NEW YORK STATE. IN 1980, THEN SUPERINTENDENT OF HIGHWAYS HAROLD H. MALKMES MOVED THE RAPID GROWING ECOLOGY DIVISION FROM CORAM TO WHERE YOU STAND TODAY.

DURING THE EARLY YEARS, THE ECOLOGY SITE CONSISTED OF A SMALL ANIMAL PRESERVE, A GREENHOUSE CONSTRUCTED TO GROW PLANTS USED IN ROAD BEAUTIFICATION PROJECTS AND A SMALL COMPOSTING PROGRAM. A WINDMILL, ORIGINALLY ERECTED IN 1929, WAS DONATED TO PORTRAY A BIT OF LONG ISLAND FARM HISTORY. A 1/2 MILE JOGGING TRACK WHICH SURROUNDS THE OLD LANDFILL WAS BUILT. TODAY, THE ANIMAL PRESERVE HAS EXPANDED TO HOUSE INJURED, NOT RELEASABLE WILD ANIMALS. EDUCATIONAL TOURS AND PROGRAMS ARE AVAILABLE TO THE PUBLIC ENABLING THEM TO LEARN MORE ABOUT THE ENVIRONMENT, WILDLIFE AND RECYCLING PROGRAMS.

FUNDRAISING THROUGH NOT FOR PROFIT ORGANIZATIONS HELP THE TOWN OF BROOKHAVEN TO FUND THIS FACILITY. THROUGH THE GENEROSITY AND PERSISTENCE OF ELECTED OFFICIALS, EMPLOYEES AND MEMBERS OF THE COMMUNITY, THE ECOLOGY SITE CONTINUES TO GROW.

WELCOME TO THE HOLTSVILLE ZOO













