



4-H Facts



Cornell Cooperative Extension Herkimer County

February - March 2024

Secretary Reports due the 5th of every month!

Inside this Issue

**Power Protectors
Workshop**

4-H Open House

Scholarship Opportunities

Vet Science

And More!

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@CCE Herkimer County

@Herkimer4H

Upcoming Events:

February 19

**Presidents' Day
(CCE Office
Closed)**

February 20-22:

**Tractor Safety
Course**

February 29:

**Public
Presentations**

March 18-22

**NY AG Literacy
Week**

TRACTOR SAFETY COURSE

When: February 20-22
8:30am - 3pm

Where: VFW in Clinton

Cost: 4-H Members \$25 Non 4-H Members \$35

Registration Deadline: February 9

Ages: 14 and older



Public Presentations

When: Thursday, February 29
5-8pm

Where: Herkimer BOCES
352 Gros Blvd, Herkimer, NY 13350

Registration due: February 15



Register here

<https://bit.ly/2024PublicPresentations>



Public Presentation
Information

<https://bit.ly/4-HPublicPresentations>

Each 4-H member that gives a public presentation at Herkimer BOCES will get **\$10** off their ticket to 4-H Day at Enchanted Forest Water Safari!

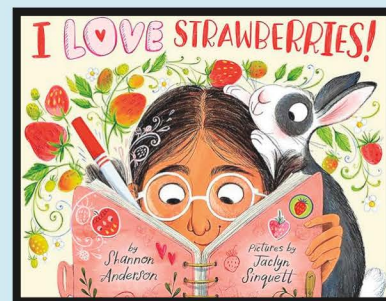
Ag Literacy Week

March 18-22

Interested in being a volunteer reader?

The book to be read to 2nd grade students throughout the county is '*I Love Strawberries*' by Shannon Anderson.

Contact Jennifer to sign up to read!



NY YOUTH INSTITUTE

When: March 22

Where: Cornell University

Registration Deadline: February 23

Ages: High School

worldfoodprize.org/newyork



Research issues you care about, propose your own innovative ideas to solve grand global challenges, and explore exciting ways to make a difference in New York and around the world.

Virtual Dairy Bowl Practices

It's not too late to catch the last couple of Virtual Dairy Bowl practices with youth from across the state.

- **February 8:** Reproduction
- **February 22:** Calves & Heifers
- **February 22:** Crops & Soils



Register here
<https://bit.ly/3u6fYki>

REGIONAL DOG BOWL

When: Saturday, February 24
9:30am

Where: Alfred State College Farm



Contact Kathi at kchambliss@gmail.com
for more information and to sign-up.
Registration due by **Feb. 10th**.

4-H Horse Bowl Practice

Where: CCE Oneida County
When: 6:30 - 8:30pm
Dates:

- February 15
- March 21
- April 18
- May 16
- June 20
- July 11
- August 15



Register

<https://bit.ly/499glcy>

Horse & Dairy Quiz Bowls

District Horse Quiz Bowl
Saturday, March 2
Oswego County

District Dairy Quiz Bowl
Saturday, March 9
CCE Lewis County

Contact Jennifer Collins at JLR34@cornell.edu for
details about the contests.

Virtual Livestock Summit

It's not too late to catch the last couple of Virtual Livestock Summit sessions with youth from across the state.

- **January 31:** Getting it Done at Home!
- **February 7:** Swine Health
- **February 21:** Animal First Aid
- **February 28:** Where is That Steak From?



Register here
<https://bit.ly/3StCm0c>

Vet Science

Space is limited
Ages 8-18

You can register for one, two, three, or all four sessions.

- March 7: Equine Health & Body Scoring, DJ Farm - Boonville
- March 11: Dairy Health & Farm Tour, Insight Dairy - Little Falls
- March 18: Exotic Pets, PetZotics - Vernon
- March 29: Small Animals, Herkimer Vet Associates - West Winfield location



Registration

<https://bit.ly/3Ub237d>

Check out the **NYS 4-H Dairy and Livestock** Facebook page to see what's going on around the state.

MARCH DOG MADNESS



When: March 9
9-3pm

Where: Cornell University
Registration due: February 15

Cost: \$25 per person
Lunch provided.

For teens & volunteers.

Registration



tinyurl.com/3cezhs7s

Tentative
Schedule



tinyurl.com/bdf2s69u

What's Bugging You? Insects & Critters of NYS

6:30pm
45 minute sessions

Registration
<https://bit.ly/3UfZPTT>

- February 28
- March 6
- March 13
- March 20



NYS 4-H Horse Program Creative Writing Contest



Are you an Equine Enthusiast with an interest in creative writing? Consider entering!

<https://bit.ly/3ucr86X>

Contact Jessica Tyson for more information at JMS943@cornell.edu

4-H Horse Winter Roundup



When: Friday, February 23 to Sunday, February 25 at Noon

Where: Amboy 4-H Camp
748 NY-183

Williamstown, NY 13493

Cost: \$40 for youth, \$18 for chaperone

This is a weekend for anyone who is interested in learning about horses, doing equine related activities, food, and fun with friends.



Register here
<https://bit.ly/3U6VnXG>

Poultry Clinic

When: Saturday, May 18
10am

Where: Brouillette Poultry Co.
Madison, NY



Registration
<https://bit.ly/3SmDzWa>

Contact Jennifer at JLR34@cornell.edu
for more information

Day Old Pheasant Chick Program



Orders due March 25 to the DEC.

<https://on.ny.gov/4b0hRQ7>



JOANN Campaign

When: March 2 - May 4

Customers can donate or round-up at checkout in JOANN stores to support 4-H.

Share with friends and family!



GEORGIA BOOT TRAILBLAZERS CONTEST

When: February 1 - March 3

This is an opportunity for you to share about your projects for a chance to win a prize pack from Georgia Boot valued at \$500 and recognition on Georgia Boot and national 4-H digital channels as a 2024 Trailblazer.



Application available February 1.

<https://bit.ly/3Sb1g3t>

Hannaford Bloomin' 4 Good



When: Month of February

Where: Hannaford
401 E Albany St
Herkimer, NY



Herkimer County 4-H has been selected to benefit from Hannaford's Bloomin'4 Good Program!

For the month of February, a Bloomin' 4 Good Bouquet with the red circle sticker from the Hannford at 401 E Albany St, Herkimer will make someone's day while also directing a \$1 donation to us!

Share with friends and family!



TWEEN S.P.A.C.E STUDY



S.P.A.C.E: Sleep Pattern, Appetite Control, and Environment

**A research study for 8-12 years and their parents.
Participate from home
Earn up to \$200**

Required:

- Parent & child attend 2 online Zoom visits
- Children will use a provided smartphone to answer survey questions
- Children will wear sleep and physical activity monitors for two weeks
- Parents will answer an online survey



Survey

<https://redcap.link/tweenspace>

More information:
814-865-5245 tweenspace@psu.edu

Scholarship Opportunities

NYS Guernsey Calf Scholarship: Purpose of encouraging those who do not presently own a Guernsey to become involved in the Guernsey Breed. Application due March 1. <https://bit.ly/GuernseyScholarships>



NYS Guernsey Achievement: Awarded to those who have excelled in both Guernsey activities as well as their personal lives. Application due March 1. <https://bit.ly/GuernseyScholarships>

Betsy's Calf Scholarship: For youth between 8 - 16 to purchase a registered Jersey calf. Application due March 1. <https://bit.ly/4-HScholarship>



SAVE THE DATES!

**May 3-5:
STAR**

**May 4:
Animal Crackers**

**May 19-21:
Capital Days**

**June 26-28:
4-H Career Explorations**

**August 1:
4-H Day at Water Safari**

Contact Jenn or Wendy at
315-866-7920 if you are interested
in any of these events!

KEEPING IT POSITIVE: AFFIRMATIONS

Mental health is just as important as physical health. Boost a friend's self-esteem by writing simple, positive and encouraging notes

Supplies:

- Notepad
- Pen



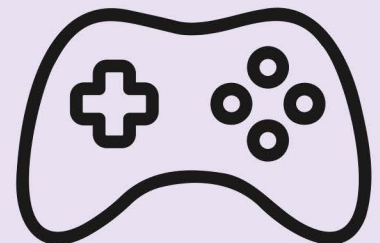
1. Think about a quality you enjoy or appreciate in a friend. This is your positive affirmation.
2. Write your positive affirmation on a small piece of paper and share it with your friend.
3. That's it! You've helped spread some joy

ESPORTS CLUB

The NYS 4-H Esports club fosters safe online spaces for members to connect with peers around the state, share positive attitudes, teach healthy habits, and provide leadership opportunities. For ages 13 and older. Volunteers are also welcome!

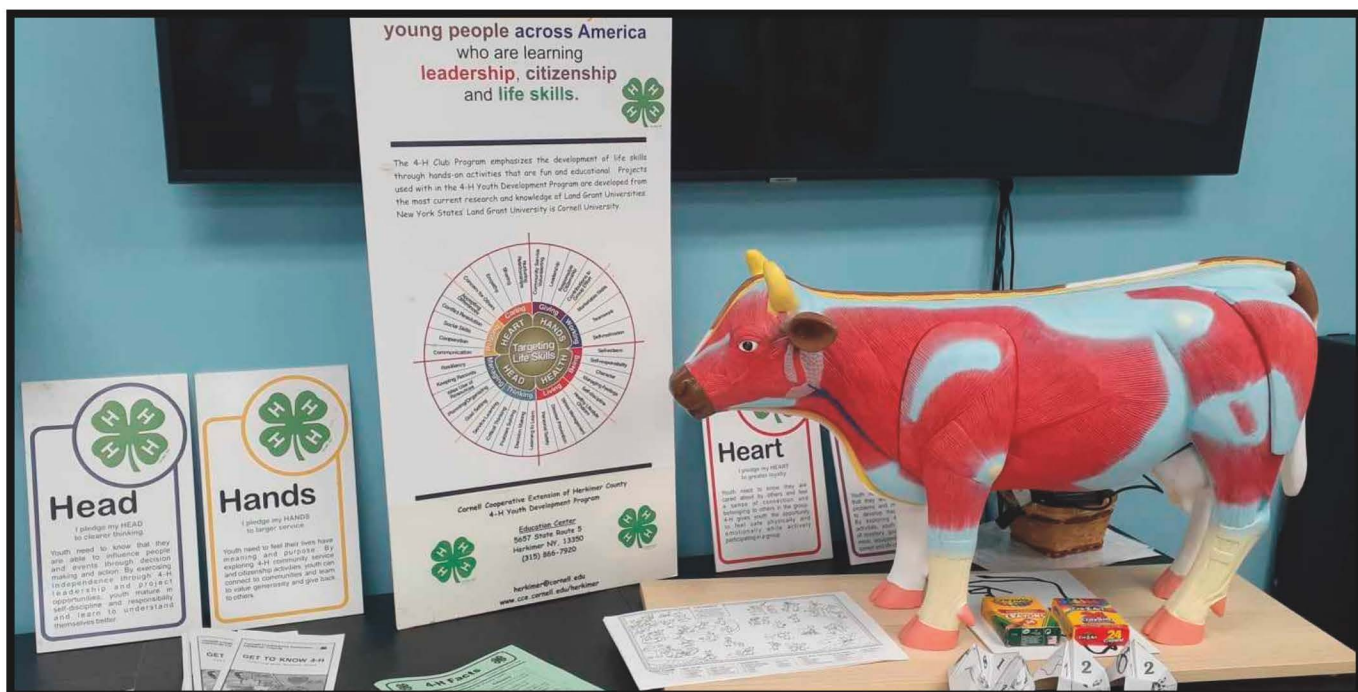
Meets the first Thursday of every month at 6pm.

<https://www.nys4-h.org/stem/esports>



4-H KICKOFF AND OPEN HOUSE

The 4-H Open House was a huge success! Several new families came to learn all about 4-H in Herkimer County. Wendy Richardson gave an overview with highlights in leadership, gardening, art, STEM, community service, and animal science. Topics discussed were outdoor curriculum, animal science, community service, gardening, teen opportunities and many 4-H projects. We're hoping to see a new 4-H club soon...



4-H STEM CHALLENGE

Herkimer County 4-H hosted the 4-H STEM Challenge: Power Protectors for 7 youth. 4-H members learned about renewable energy by creating a super hero hideout, building a green energy generator, and working together to collect renewable energy for an entire community. Each family went home with their own game to play with family and friends.

Check out our Facebook and Instagram for more photos @CCEHerkimer.



CLUB NEWS

Green and Growing 4-H club members had such a great time at the Mohawk Homestead in December. The group, along with members of the Wanderlust 4-H club, sang through a booklet of Christmas Carols, followed with cookie decorating. The 4-H youth members spread out among the tables and engaged in conversation with residents.

The Green and Growing club also painted Christmas ornaments ahead of time that were handed out to residents of the Homestead. They had such a great time and have plans to go back after the New Year for some crafting fun and games. Submitted by **Halleli Brackett**, Club Secretary



The **Wanderlust 4-H club** was very busy during November and December. In November, the club held a bake sale at Herkimer Tractor Supply that was very successful. They made Christmas and Holiday crafts. Club members made fabric trees, wood burning, pinecone ornament, clay candle holder, and paper angels. They also went to the Dolgeville Manheim Historical society on a field trip, for a presentation and heard some interesting history of the town. The 4-H club members also visited the Van Hornesville Fish Hatchery to see how they operate and were able to feed some of the fish. They also met at the 4-H office for a lesson in butter making with 4-H Educator Wendy Richardson.

In December, club members joined the Green and Growing 4-H club for caroling at the Mohawk Homestead for caroling. The club was the secret Santa for two of the residents. We will be returning in January with a craft. The club also held a Christmas party with more crafts and snacks for its members. Some crafts made were paper plate snow globes, string trees, music paper bells and air – dry clay.

Submitted by **Olivia Pierce** Club Secretary

The **Hawkes and Dyn family** did not have a meeting or any activities in November or December. Submitted by **Laken Dyn**.

The **Kuyahoor Kaprines 4-H club** did not hold a meeting in December. Club members are working on their Public Presentation ideas. Submitted by **Hailey Carnright**, Club Secretary

The **Milkshakers 4-H club** held their November meeting. Currently they are working on 2 community service projects. The club is running a can drive. The Milkshakers 4-H club held their December meeting. During the month of December we had our community service project helping with the Litchfield Children's Christmas party. Submitted by Club Secretary **Mason Donahoe**

In December, **Nathen Teachout** delivered toiletries to the 4-H office to hand out to the senior homes such as toothpaste, toothbrushes and hard candy. The Teachout family did not hold a meeting in January.

Cornell Cooperative Extension

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