



4-H Facts



CORNELL COOPERATIVE EXTENSION HERKIMER COUNTY

OCTOBER-NOVEMBER 2020

Secretary Reports due the 5th of every month!

October	
1	4-H Member Year End Completion Sheets due to 4-H Office
1	4-H re-enrollment forms due to 4-H Office
1	STEM Mars Base Camp Mission Specialist applications due
2	Utica Zoo Garden Volunteer Celebration registration due
4	Utica Zoo Garden Volunteer Celebration - Utica Zoo
4-10	National 4-H Week
7	National 4-H Week Spirit Day
7-18	Tractor Supply Paper Clover Campaign
5	Secretary Reports due to 4-H Office
12	Columbus Day (<i>CCE Office Open</i>)
12	Horse Academy registrations due
14	Loving Our Pets: Cats
21	Loving Our Pets: Pocket Pets
28	Loving Our Pets: Dogs
31	Halloween

November	
1	4-H Officer Training registration due
1-7	Horse Academy: Virtual Practice Contest
1-7	Horse Academy: Tips & Tricks Phase Strategy Videos
4	Loving Our Pets: Reptiles
5	Secretary Reports due to 4-H Office
5	Horse Academy: Ask the Judges Panel Discussion
10	Livestock Auction Meeting - Virtual
11	Veterans Day (<i>CCE Office Open</i>)
11	4-H Officer Training - Virtual
12	Horse Academy: Hippology Contest Tips & Tricks Panel Discussion
18	Loving Our Pets: Birds
19	Horse Academy: Competitive Edge Panel Discussion
26-27	Thanksgiving (<i>CCE Office Closed</i>)
December	
5	Secretary Reports due to 4-H Office
24-25	Christmas Eve & Christmas Day (<i>CCE Office Closed</i>)
31	New Years Eve (<i>CCE Office Closed</i>)



You should have received your re-enrollment paperwork by email or mail for the 2020-2021 4-H year. Please contact the 4-H Office at 315-866-7920 or email Jenn, Wendy, or Mary if you have not received your forms. See page 15 for details.

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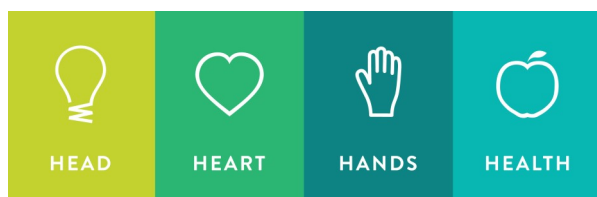
4-H HONOR SECRETARIES

Congratulations to: **Camryn Marshall**, of the All Seasons 4-H Club; **Gwendalyn McCutcheon** of the Green and Growing 4-H Club; **Hannah Carnright** of the Kuyahoorra Kaprines 4-H Club; and **Natalie Teachout**, of the Milkshakers 4-H Club; and **Laken Dyn**, of the Independent Hawkes Dyn family for turning in their July 4-H club secretary report by August 5.

Congratulations to: **Gwendalyn McCutcheon** of the Green and Growing 4-H Club; **Natalie Teachout**, of the Milkshakers 4-H Club; and **Laken Dyn**, of the Independent Hawkes Dyn family for turning in their August 4-H club secretary report by September 5.

UTICA ZOO 4-H GARDEN VOLUNTEERS DAY

We will be having a celebration of the success of our raised vegetable gardens at the Utica Zoo on Sunday, **October 4, from 10am - 12 noon**. Please bring shovels and garden tools to help harvest and clear out the raised beds. All who participated are encouraged to come and go over what worked this year, what did not, plans for next year, and ways we can expand the program for the future at Beaversprite Nature Center. We will be splitting up into work zones by families to social distance. Face masks are required. We are requesting that all 4-H members and volunteers wear the garden shirts we had made for a group photo. Please RSVP by **October 2** if you are planning on attending.



EXPLORERS WANTED: MARS BASE CAMP MISSION SPECIALISTS

The race to land humans on Mars is on! The 2020 National 4-H STEM Challenge explores sending humans on a mission to Mars, with the activity, Mars Base Camp! Developed by Google and Virginia Cooperative Extension, Mars Base Camp is a collection of activities that teaches kids ages 8-14 STEM skills like mechanical engineering, physics, computer science, and agriculture.

This year, 4-H is offering two different sized Mars Base Camp kits to ensure young people everywhere, regardless of internet access or family resources, can participate.

Here are a few ways to ensure young people everywhere can participate in the 2020 STEM Challenge:

- **Online Activity:** Youth can participate with INSIGHT FROM MARS, the online portion of the 2020 STEM Challenge at <https://4-h.org/parents/4-h-stem-challenge/insight-from-mars-activity/>
- **Family-sized Kit:** Includes materials for 1-4 youth to participate in the STEM Challenge at the same time, enabling families to participate from the comfort and safety of their own homes. \$15.95
- **Educator Kit:** Includes materials for 12 youth to participate in the STEM Challenge at the same time. Kits can be used in spaces where physical distancing and other safety precautions can be followed. \$23.95

Go to the following link to order one for your family or club. <https://shop4-h.org/products/mars-base-camp-stem-challenge?variant=31981262798950>

Receive \$5 off your Mars Base Camp kit today, thanks to the United States Air Force! Your discount will be applied automatically at checkout. Follow this link to get the coupon <https://4-h.org/parents/4-h-stem-challenge/>

In September, the **Zaitseva family** did the 4-H STEM Challenge, 'Mars Base Camp', with some friends. The kids really enjoyed it!



TRACTOR SUPPLY PAPER CLOVER CAMPAIGN

Be sure to stop by the Herkimer Tractor Supply store from **October 7 - 18** and support 4-H.

Each spring and fall, Tractor Supply Company helps raise money for 4-H programs through the sale of Paper Clovers in their stores. Your club can participate by setting up a display table and project boards inside the store or just encouraging customers to donate. It is a great way to showcase 4-H during National 4-H Week. Please let Jenn know if your club would like to book a time.

The Herkimer County 4-H Program uses Tractor Supply funds to provide leadership opportunities and scholarships towards 4-H Agri-Business Career Conference, STARR, NYS STEM Camp, and Career Explorations.





NATIONAL
4-H WEEK
OCTOBER 4-10, 2020

Every year, National 4-H Week sees millions of youth, parents, volunteers and alumni come together to celebrate the many positive youth development opportunities offered by 4-H. The theme for this year's National 4-H Week, Opportunity4All, is a campaign that was created by National 4-H Council to rally support for Cooperative Extension's 4-H program and identify solutions to eliminate the opportunity gap that affects 55 million kids across America.

With so many children struggling to reach their full potential, 4-H believes that young people, in partnership with adults, can play a key role in creating a more promising and equitable future for youth, families and communities across the country. In 4-H, we believe every child should have an equal opportunity to succeed. We believe every child should have the skills they need to make a difference in the world.

When you create your National 4-H Week promotion this year, send us a picture of it and receive a \$5 award. Be sure to put your name, club name, address and location of the display on the picture and send it to Wendy at the Cornell Cooperative Extension Office by **October 15th**. One submission per club, please.

Don't forget, Wednesday, **October 7**, is National 4-H Week Spirit Day!

Ways to celebrate:

- Wear green or the 4-H clover. Have a 4-H mask? Be sure to wear it!
- Decorate an Opportunity4All sign (pg. 5) and share your pictures and captions of what opportunity means to you using the hashtag #Opportunity4All on social media.
- Use the National 4-H Week Zoom backgrounds on all your virtual meetings.

Share these ideas and encourage other 4-H professionals and 4-H'ers to participate in Spirit Day!





To Me, Opportunity Means

I Support #Opportunity4All

NorthCentral 4-H District

Presents

Loving Our Pets



This 5 part virtual series will provide youth participants the opportunity to learn about common pets: dogs, cats, birds, pocket pets, and reptiles. The series will be held virtually on Wednesday nights at 6:30pm for 30-45 minutes. Each session may be a combination of games, videos, expert interviews, and guest pets. Topics may include care and husbandry, health and disease, where to purchase or adopt from, and how to be the best pet owner.

Schedule of Presentations

October 14th: Cats

October 21st: Pocket Pets

October 28th: Dogs

November 4th: Reptiles

November 18th: Birds

To register:

https://reg.cce.cornell.edu/NC4HDistrictLovingOurPets_235

Or scan this QR Code

Or contact the
4-H Office



- ◆ There is no fee to participate in *Loving Our Pets*
- ◆ Program is open to youth 5-19 years of age. Content will be at 5th grade level.
- ◆ *Pre-registration is required so the virtual link can be shared in a safe manner.*
- ◆ *Do not have to attend all sessions. Project completion will be provided to those that participate in at least 4 sessions.*



Loving Our Pets is coordinated and taught by Oswego, Onondaga, Oneida, Madison, and Herkimer County 4-H Programs.



EASTERN NATIONAL 4-H HORSE ROUND-UP
HORSE ACADEMY

Eastern National 4-H Horse Round Up is offering special opportunities to youth (ages 13 & up), coaches, volunteers, and Extension staff. The goal is to promote knowledge gain, growth, and success in national level educational contests. For more information, please visit www.4hroundup.com.

HORSE JUDGING

*Virtual
Practice Contest*

Contest- Nov. 1-7, 2020

Feedback provided by Dec.1, 2020

Open to Senior 4-H members only,
\$10 Online Registration Fee

COMMUNICATION CONTESTS

*Ask the Judges
Panel Discussion*

Nov. 5, 2020 7PM EST

\$5 Online Registration Fee

HIPPOLOGY CONTEST

*Tips & Tricks
Panel Discussion*

Phase Strategy Videos-Nov. 1-7, 2020

Panel - Nov. 12, 2020 7PM EST

\$5 Online Registration Fee

HORSE BOWL CONTEST

*Competitive Edge
Panel Discussion*

Nov. 19, 2020 7PM EST

\$5 Online Registration Fee

Register by October 12 by visiting:

<http://tiny.utk.edu/HORSEACADEMY>

VIRTUAL 4-H OFFICER TRAINING

When: Wednesday, November 11,
9am -12pm (noon)

Herkimer County 4-H is pleased to offer 4-H Officer Training for any 4-H member that is newly elected as a 4-H club officer, or interested in becoming one in the future.

Club Officers assist in running your club meetings. Your club's meetings help keep everyone informed of scheduled events, deadlines and new opportunities. 4-H Club officers will learn how to carry out their role whether it is President, Vice President, Secretary, Treasurer, News Reporter, Song and Rec Leader, or Healthy Living Officer.

Holding a 4-H Club Officer position provides you with the opportunity to gain valuable youth development skills, such as: Leadership, Record Keeping, as well as Verbal and Written Communication skills. As you start seeking employment opportunities having these credentials on a resume will set you apart from many others. Employers are seeking individuals that can demonstrate commitment, ability to meet deadlines, organization and attention to details; all traits of those that take on the role of a 4-H Club Officer.

If you are a current Club Officer/newly elected Officer or just curious as to what a specific job entails then please register for the workshop. If you are interested in becoming an officer in the future, or would like to learn more about an office please sign up by calling the office 315-866-7920. A Zoom link will be emailed to you after you have signed up to join the training.

Registration deadline is November 1.



UTICA ZOO AND BEAVERSPRITE NATURE CENTER



Beaversprite is looking for 4-H families to help with projects for improving their nature center and trails, in the coming year. The center would like to have a pollinator garden with a beehive and examples of composting methods, spruce up the nature center and build more trails.

Ways you can help:

- Plant a Pollinator and native fruits garden. The garden will include a Milkweed Patch, a pollinator mix, wildlife shrubs and fruits and berries.
- Different composting methods will be demonstrated around the garden (a drum, a pit and open bins) and in the nature swap area (worm bin)
- Cut a path from the garden area to the nature play area and add a shade garden in a raised bed.
- Add signage in nature play area about woodland invasive species – honeysuckle, garlic mustard and buckthorn
- Clean out lower level of the nature center, paint and put up shelves and baskets. Use the space for camps, the nature swap area and a meeting place for the weekly activities.

Volunteering is a way to be involved in 4-H activities and get outside at the same time.

Contact Wendy Richardson at wlr45@cornell.edu or Mary Hall of Beaversprite at mary.hall@uticazoo.org if you want more information.

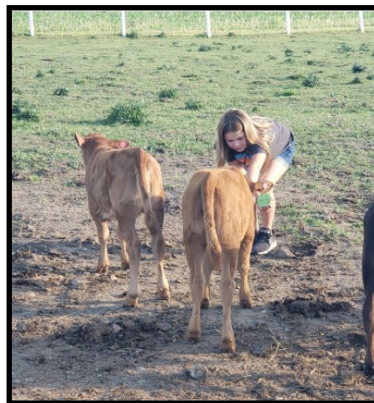
HERKIMER 4-H SHOWCASE

Herkimer County Fair was cancelled, as you may have heard. But we were able to put together a slideshow of 30 projects Herkimer County 4-H members have been working on this year. Our office has created a slide show based on projects submitted. Below is a link to the Herkimer 4-H Showcase so that you can share with friends and family what Herkimer 4-H has been up to. <https://blogs.cornell.edu/cceherkimer/programs/4-h-youth-development/fair-show-resources/> or <https://www.youtube.com/watch?v=lgIVZGLWnTY>

All projects worked on during the 2019-2020 4-H year may be entered at next year's Herkimer County Fair. We cannot wait to feature the many different projects of Herkimer County 4-H youth.

Showcase participants are:

Gami Brackett, Shani Brackett, Brackett family, Hailey Carnright, Hannah Carnright, Seth Donahoe, Laken Dyn, Anna Hawkes, Ainslie Hitchcock, Caleb Hitchcock, Jacob Hitchcock, Jonah Hitchcock, Camryn Marshall, Sydney Marshall, Connor McCutcheon, Gwendalyn McCutcheon, Aubrey Norton, Sophia Peplinski, Kate Reynolds, and the Zaitseva family.



4-H MEMBER/VOLUNTEER RECOGNITION EVENT

CANCELLED

We want to honor you, our 4-H members and volunteers! There will not be a Member Recognition Event held in person this year. Instead, awards will be handed out in person during November club meetings by 4-H staff when possible.

Please help us to highlight your 4-H member's activities by filling out and returning your 4-H member's year-end report for the 2019-2020 4-H year. Please include individual achievement or new adventures tried. Also include the various activities they did i.e. ABC Trip, Dairy judging, Earn-a-Calf, Utica Zoo Garden, etc.

If you did not return the form by October 1 and still would like to receive this year's certificate, please call or email Wendy immediately. Only those who turned in their year-end completion sheets by October 1 will be recognized.

INSECTAPALOOZA 2020



We regret to inform you that due to COVID-19, Cornell will not be holding Insectapalooza 2020. They look forward to seeing you in Fall 2021 at a date that is TBD.

4-H STARR 2021



NY State 4-H is recruiting for the 2020-2021 STARR planning team. Youth on the planning team will not be meeting in person this fall. Instead, there will be a series of short, virtual engagements. Each selected 4-H member will receive a swag box with materials to aid in their planning process and new training materials will be facilitated. Contact Wendy to get the application for the STARR 2020-2021 Planning Team!





4-H Meeting Mad-Lib

- 1. _____ (Number)
- 2. _____ (verb-ing)
- 3. _____ (verb-ing)
- 4. _____ (Emotion)
- 5. _____ (Famous Person)
- 6. _____ (Historical Person)
- 7. _____ (verb)
- 8. _____ (Number)
- 9. _____ (Community Service)
- 10. _____ (Person- Friend)
- 11. _____ (how to)
- 12. _____ (Verb)
- 13. _____ (Body Part)
- 14. _____ (Food)
- 15. _____ (Food)
- 16. _____ (Hobby)
- 17. _____ (Hobby)
- 18. _____ (Place/Location)

Instructions:

1. Before looking at page 12, fill in form on page 11 with what is asked for in parentheses next to the blank.

2. Fill in form on page 12 with answers given on page 11 with same number.

3. Read page 12 out loud.





4-H Meeting Mad-Lib

Finally after _____ days of staying at home

_____ and _____ I am back at my
first 4-H Club Meeting tonight! I am

_____. Our meeting started with

_____ saying the American and 4-H Pledges.

Then, _____ started with the first demonstration
of how to _____ an apple. She did the demonstration
in _____ minutes. Afterwards we discussed doing

_____ as our community service in August. Our next
meeting will have _____ giving a demonstration
on _____. For recreation we did an activity that

had us _____ on our _____. Our
snack was _____ and _____.

This year my project is going to be _____ and

_____. I am looking forward to our next meeting
at the _____.

4-H LIVESTOCK AUCTION

Although the 7th Annual Mohawk Valley Regional 4-H Livestock Show & Sale took on a look none of us ever expected, we were still able to pull it off. While an in person show and auction weren't viable in 2020 4-H members **Seth Donahoe**, **Laken Dyn** and **Anna Hawkes** were dedicated to offering up their market steers to the highest bidder. They each sent in videos and write ups to promote their steers, while also reaching out to several businesses and individuals to get support and bids for their steers. Bidding closed at noon on Thursday, September 17. When bids were opened, Clinton Tractor & Implement Company landed the steers of Seth and Laken while Farm Credit East had the highest bid for Anna's.

The Herkimer County 4-H Program would like to thank all of the support we received while making this event happen. Laken & Anna would also like to thank Little Falls Lumber, while they did not purchase a steer, they made a donation to them to help with next year's project animals.

2021 4-H Livestock Auction Looking Ahead

Let's make the 2021 4-H Livestock Auction the biggest and best one yet! Think you might be interested in raising a market steer, market hog or market lamb to sell in the 2021 auction? Then join us on Tuesday, **November 10** at **6:30pm** for a virtual meeting to go over the details. Register for the Zoom meeting at:

<https://cornell.zoom.us/j/9212121212>



CLUB NEWS

Members of the All Seasons 4-H Club wrote cards to senior citizens as a club project during the COVID quarantine. The club reached out to over 30 people with their cards. They received some cards and phone calls of appreciation in return. This project was a great way to connect with others during everyone's time at home.



The Green and Growing 4-H Club did not have a meeting in July. Members entered their projects in the NY State Fair showcase.



Independent members of the Hawkes and Dyn family participated in the Summer Cattle Battle Beef show at the Fonda Fairgrounds. This was a privately sponsored show and was well attended. All exhibitors practiced societal distancing guidelines all while still having an opportunity to show off this year's project animal.



In July, the Kuyahoorra Kaprines 4-H members went to work on the Utica Zoo gardens. They had a good harvest and a lot more vegetables will be ready soon. There are several pumpkins coming. One is even wedged in the pallet that they couldn't get out. They also weeded in and around the beds. Members also participated in the Herkimer 4-H Showcase.



The Milkshakers 4-H Club did not hold a meeting for July or August.

ILION COMMUNITY GARDEN VOLUNTEER OPPORTUNITY

The Ilion Community Garden is looking for help. These are some of the projects the garden is looking for help with as a one-time community service opportunity for 4-H clubs looking at ways to give back:

- The Community Garden is looking for funds for fencing
- Apple tree support
- Building additional raised beds (They will order the lumber and materials, just need helpers to put them together)
- Future plans for a grape arbor to plant some more fruit or climbing roses
- Donations of perennial herbs, seed garlic and perennial flowers for planting. (Digging those beds ASAP and getting them planted in October, until hard freeze)

If your 4-H members are interested, contact Wendy Richardson at the 4-H office, or Amanda Norton at ilionnygarden@gmail.com



SOCIAL MEDIA

Follow us on Facebook at Cornell Cooperative Extension Herkimer County, and request to join the private group 'Herkimer County 4-H' for events that might not make it into the 4-H FACTS.

Follow us on Instagram at Herkimer4h to see the latest photos about what members are doing in 4-H!

Get text updates from educators about program changes and to stay in touch through the REMIND app: text @herkimerco to 81010.

Please call the office if you have any questions or e-mail Wendy at wlr45@cornell.edu or Jenn at jlr34@cornell.edu.

For Weekly Spark projects, visit <https://blogs.cornell.edu/cceherkimer/programs/4-h-youth-development/youth-projects/>



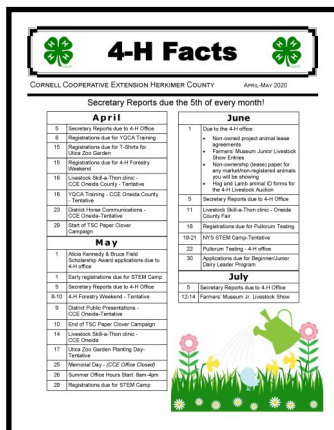
KEEPING YOU UPDATED

In light of COVID-19 we are doing our best to keep you updated on everything in the world of 4-H. Please know that events listed in the newsletter may change at any time and we will keep you all up to date via email and Facebook on any changes that do occur. We are doing our best to offer virtual programming and welcome any suggestions for programming you would like to see. Virtual programs can be found on our Facebook page, our web site and via email. Zoom will be the platform we use for virtual programming and registration will be required to ensure the safety and privacy of those participating. If you have any questions, please contact Jenn and Wendy at 315-866-7920, or email Jenn at jlr34@cornell.edu or Wendy at wlr45@cornell.edu.



4-H FACTS ONLINE

The 4-H FACTS is available in color online at <https://blogs.cornell.edu/cceherkimer/programs/4-h-youth-development/4-h-facts-newsletter/>



RE-ENROLLMENT FORMS

Re-enrollment forms were sent to 4-H parents/guardian's emails through Adobe Sign. Emails were sent from **herkimer4h@cornell.edu**. If you have not seen your Adobe Sign email(s), please contact the 4-H Office for help with Adobe Sign or to request physical forms be sent to you. All Adobe Sign forms need to be signed by the parent/guardian, not the 4-H member.

Thank you for your patience during this year. Please contact us if you have any questions:
 Jenn: JLR34@cornell.edu
 Wendy: WLR45@cornell.edu
 Mary: MF566@cornell.edu
 General: herkimer4h@cornell.edu
 Phone: 315-866-7920

Cornell Cooperative Extension Herkimer County

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Herkimer, NY 13350

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RETURN SERVICE REQUESTED

"THE PURPOSE OF THE 4-H YOUTH DEVELOPMENT SYSTEM IS TO ENABLE YOUTH TO DEVELOP KNOWLEDGE, ABILITIES, ATTITUDES, AND BEHAVIORS TO BE COMPETENT, CARING ADULTS"

4-H YOUTH DEVELOPMENT STAFF

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Web address: <http://blogs.cornell.edu/cceherkimer/>

State 4-H Web address: <https://nys4-h.org/>

National 4-H Web address: <https://4-h.org/>

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www.facebook.com/CCEHerkimerCounty

Ask the join the Herkimer County 4-H closed group!

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Follow us on Intstagram at herkimer4h

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