

# Cornell Cooperative Extension Herkimer County

## Program Highlights

April ~ May ~ June 2019

<http://www.cce.cornell.edu/herkimer/>



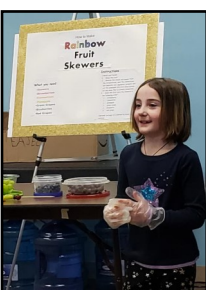
Fourteen students from six Herkimer County school districts visited Albany as a culmination of the 4-H Government Intern Program sponsored by the

Herkimer County Legislature and administered by Cornell Cooperative Extension 4-H Youth Development. The students had a tour of the Capitol, and visited with NY Assemblymen Brian Miller and Robert Smullen, and NY Senator James Tedisco. The group also visited the Court of Appeals, and Corning Tower.

A big thank you to Ashley and Adam McFarland of Top Notch Livestock and Sarah Hardy of Arabeth Farm for hosting our livestock clinics. Ashley and Adam showed kids from Herkimer, Madison and Oneida Counties the ins and out of fitting and showing both hogs and sheep, while Sarah explained how to prepare and show a beef animal and what was needed to do so.



Herkimer County 4-H sent seven youth to the State Teen Action Representative Retreat (STARR) in Syracuse. STARR is a three-day, fun-filled event where 4-H teens participate in a variety of workshops and activities meant to challenge, excite and further develop life skills.



Congratulations to everyone who participated in the North Central District 4-H Public Presentations event. Making it to the District Event is not easy. Herkimer County 4-H member Aleksandra Zaitseva received a second place rosette in the Junior division.

Herkimer County 4-H volunteers and members weeded and planted flowers and vegetables at the Utica Zoo this spring. A fence and pallet gardens were added to the raised vegetable bed area. Herkimer County 4-H provides volunteers to maintain these gardens for the summer months along with zoo staff, right up until the fall harvest. Zoo staff will be helping 4-H members harvest the garden produce throughout the summer months to feed to the many zoo animals.



The Central New York Dairy, Livestock and Field Crops (CNYDLFC) Team held meetings this quarter that were attended by almost 100 farmers. "Ins and Outs of the Dairy Margin Coverage," "Understanding Expected Prodigy Differences for Genetic Improvement," and "African Swine Fever" meetings were all well attended. The CNYDLFC is putting out a new quarterly electronic newsletter. Email [herkimer@cornell.edu](mailto:herkimer@cornell.edu) to be put on the e-list to receive this newsletter.

5,000 "Herkimer County Local Foods Maps (2019 edition)" are being distributed this summer with sixty-one farms listed that grow and / or produce local foods along with information on Farmers' Markets in Herkimer County. Support for printing the map was provided in part by a grant from Herkimer County Mental Health through the Farm Family Assistance Project.



Making a difference in families and communities for 50 years nationally, EFNEP's core impact areas are: food resource management and security, food safety, diet quality and physical activity. EFNEP has been offered in Herkimer County for forty-eight years.

