Daniela participated in “Cooking Up Fun” at her afterschool program in Sodus. One of the recipes was Kale Kielbasa Soup. Daniela shared with CCE educators how she enjoyed making the soup for her family, that everyone loved it and that she used different spices in it. As a 4-H member Daniela did activities with the 4-H Horticulture Club and grew and exhibited produce at the Wayne County Fair. Because she received an excellent award she was selected to exhibit at the New York State Fair. Her kale plant received a Purple Best of Fair rosette! This young woman started cooking with kale in a nutrition program and went on to grow a prize kale.