Highbush Blueberry Production

Cornell Cooperative Extension
34570 State Highway 10
Hamden, NY 13782
April 11, 2013
9:30 A.M. Sign-In
10:00 A.M. - 4:00 P.M.

This program is being funded by the Watershed Agricultural Council and the New York City Department of Environmental Protection in partnership with Cornell Cooperative Extension of Delaware County.

The Watershed Agricultural Council is an equal opportunity provider and employer.

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CORNELL INSTRUCTORS

► growing
► soils
► economics
► marketing
► insect pests
► diseases
Explore the Basics of Blueberry Production with four of Cornell University’s fruit specialists.

This program will cover the basics of growing highbush blueberries in New York State. Site selection, soils, pollination, cultivars, key insect pests of blueberries, diseases and their control, pruning, economics for commercial growers, marketing, and more will be covered.

Blueberries....

Revered for centuries in North America, our native blueberries are gaining popularity worldwide as a delicious treat that doubles as a powerful disease fighter.

Blueberries rank number one in antioxidant activity when compared to 40 other fresh fruits and vegetables. The anthocyanin pigments that make blueberries blue are thought to be the major antioxidant responsible for the high health benefit of blueberries. Antioxidant compounds help our bodies neutralize harmful by-products of metabolism called free radicals; advancing heart health, reducing the risk of certain types of cancer, and boosting total body wellness.

Also...

Researchers have specifically linked eating blueberries with a reduction in the build-up of so called “bad” cholesterol that contributes to cardiovascular disease and stroke, an easing of eye fatigue and a slowing of age-related loss in mental capacity.

People who ate a cup of blueberries a day have performed 5 to 6 percent better on motor skills tests than the control group.

Source: Lori Bushway, Cornell Dept. of Horticulture

Name(s)______________________________
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Address_____________________________
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E-Mail:______________________________
Phone______________________________
County_____________________________

Fee: $20 per person or $35 per farm couple: Make check payable to Cornell Cooperative Extension and mail to: P.O. Box 184, Hamden, NY 13782. Pre-payment is required one week in advance of the program and is non-refundable. Registration is required by April 4. A light lunch is included.

This is an opportunity for commercial growers and home gardeners alike. Space is limited so register today.

The registration deadline is April 4, 2013. Accommodations for persons with disabilities may be requested by calling Janet Aldrich at 607-865-6531 by April 4th. Requests received after these dates will be met when possible.