MONDAY, AUGUST 11 – EVENTS
1pm-3pm Demonstration – Blueberries with Handsome Brook Farm
1pm-3pm 5-2-1-0 MyPlate Challenge – Think Your Drink
4pm-6pm Eat Smart New York/Local Food Demonstrations – Salads
ALL DAY 5-2-1-0 Let’s Go – CCE Human Ecology Programs

TUESDAY, AUGUST 12 – EVENTS
10am-Noon 5-2-1-0 Nutrition Activities for Youth and Adults
1pm-3pm Demonstration – Quilting Demonstration with Tuesday Morning Rippers
1pm-3pm 5-2-1-0 MyPlate Challenge – Think Your Drink
4pm-6pm Eat Smart New York/Local Food Demonstrations – Salsas
ALL DAY 5-2-1-0 Let’s Go – CCE Human Ecology Programs

WEDNESDAY, AUGUST 13 – EVENTS
10am-Noon 5-2-1-0 Nutrition Activities for Youth and Adults
1pm-3pm Demonstration – Sewing with Polly DellaCrosse
1pm-3pm 5-2-1-0 MyPlate Challenge – Think Your Drink
4pm-6pm Eat Smart New York/Local Food Demonstrations – Dips and Dippers
ALL DAY 5-2-1-0 Let’s Go – CCE Human Ecology Programs

THURSDAY, AUGUST 14 – EVENTS
10am-Noon 5-2-1-0 Nutrition Activities for Youth and Adults
1pm-3pm Demonstration – Dandelions with Marguerite Ullman-Bower
1pm-3pm 5-2-1-0 MyPlate Challenge – Think Your Drink
4pm-6pm Eat Smart New York/Local Food Demonstrations – Simple Meals
ALL DAY 5-2-1-0 Let’s Go – CCE Human Ecology Programs

FRIDAY, AUGUST 15 – EVENTS
10am-Noon 5-2-1-0 Nutrition Activities for Youth and Adults
1pm-3pm Demonstration – Yoga with Jody Isaacson
1pm-3pm 5-2-1-0 MyPlate Challenge – Think Your Drink
4pm-6pm Eat Smart New York/Local Food Demonstrations – Smoothies
ALL DAY 5-2-1-0 Let’s Go – CCE Human Ecology Programs

SATURDAY, AUGUST 16 – EVENTS
10am-Noon 5-2-1-0 Nutrition Activities for Youth and Adults
1pm-3pm Demonstration – Biochar with EnviroEnergy
1pm-3pm 5-2-1-0 MyPlate Challenge – Think Your Drink
4pm-6pm Eat Smart New York/Local Food Demonstrations – Grains
ALL DAY 5-2-1-0 Let’s Go – CCE Human Ecology Programs