June Calendar of Events

Please Note: Dates are subject to change. Call 607-865-6531 to confirm event date.

More nutrition education events may be scheduled during the month – for an updated list check out the CCE website Eat Smart New York blog and Facebook page – www.ccedelaware.org.

OPEN EVENTS – Open Events do NOT require pre-registration.

CLOSED EVENTS – Closed Events do require pre-registration. Contact us at 607-865-6531 to pre-register for CLOSED events. Some closed events also require that the participant is part of an established group.

5-2-1-0 CATCH Program (nutrition education for youth) (closed)
Delhi – June 3, Delaware Academy, 7:30 am-2:20 pm
Delhi – June 3, Cardio Club, 3-4 pm

Choose Health (nutrition education for youth) (closed)
Davenport – June 5, 12, Charlotte Valley High School, 5-6:30 pm

Color Me Healthy & Cooking Up Fun (nutrition education for youth) (closed)
Delhi – June 5, 12, Delhi Head Start, 11 am-12 noon
Deposit – June 4, Deposit Head Start, 11:20 am-12 noon
Margaretville – June 25, Fairview Library, 3-4 pm
Margaretville – June 26, Fairview Library, 11 am-12 noon
Sidney – June 4, Sidney High School, 2-3 pm
Walton – June 2, 4, Walton Head Start, 10-11 am

Eating Right is Basic Series (nutrition education for adults) (closed)
Hamden – June 3, 10, 17, ARC, 10-10:30 am
Walton – June 18, Our Place, 10:30-11:30 am

Learn about USDA MyPlate Messages all around Delaware County! Topics include:

- Increase Fruits & Vegetables
- Decrease Sugary Beverages
- Be Active
- Increase Whole Grains
- Use Low-Fat Dairy

MyPlate Messages (open)
Arkville – June 20, Middletown Community Pantry, 4-6 pm
Delhi – June 2, 16, 23, 30, Delhi Food Pantry, 1-3 pm
Delhi – June 18, Delhi WIC, 9 am-12 noon
Hancock – June 3, 10, 17, 24, Hancock Food Bank, 1-3 pm
Hancock – June 5, 12, Hancock Elementary Morning Program, 8:30-9:30 am
Hancock – June 11, Emory United Methodist Church Community Dinner, 5-7 pm
Hancock – June 17, Hancock WIC, 9:30 am-2:30 pm
Hobart – June 5, Hobart WIC, 9:30-11:30 am
Sidney – June 17, Sidney Center Library, 6-7 pm or 7-8 pm
Sidney – June 18, 25, St. Paul Episcopal Church Community Dinner, 9:30-10:30 am
Sidney – June 18, Tri-Town Hospital Conference Room, 2-3 pm
Sidney – June 23, 30, Sidney Food Pantry, 9:30-10:30 am
Sidney – June 24, 26, Sidney WIC, 9:30 am-1:30 pm
Sidney – June 24, Sidney Senior Center, 2-3 pm
Margaretville – June 10, Margaretville WIC, 9:30-11:30 am
Margaretville – June 10, Margaretville Senior Meals, 11:30 am-12 noon
Margaretville – June 25, Fairview Library, 3-4 pm
Margaretville – June 26, Fairview Library, 11 am-12 noon
Walton – June 2, 9, 16, First United Methodist Church, 6-7:30 pm
Walton – June 16, Walton PAL Center, 10:30-11:30 am

To attend a program or to arrange for an event with your organization contact us at 607-865-6531

Cornell Cooperative Extension of Delaware County is an equal opportunity provider and employer.