Food from the Farm:
Eating Local in the North Country

Saturday March 2, 2013
2:00 to 5:00 pm
Plattsburgh City Gym
52 U.S. Oval

Meet the farmers and sample tasty dishes prepared with local food by Chef David Allen of Latitude 44 Bistro

Admission price is all inclusive:
- Tasty samples
- Door prizes
- Meet your farmers
- Farm products for sale, CSA sign-ups
- Information on gardening and nutrition
- Family friendly fun, kid’s table
- Recipes for cooking with local products
- Mingle with local food enthusiasts
- Support our local food economy!

Admission: $10/adult, $5 ages 5-12, $30 maximum per family

Tickets available in advance on-line, at our office, or at the door
http://cce.cornell.edu/clinton

For more information contact Cornell Cooperative Extension
561-7450 or email Amy Ivy at adi2@cornell.edu